



College Avenue Presbyterian Church
 5951 College Avenue | Oakland | 94618
 Church Website: www.capcoakland.org
 Church Blog: www.capcoakland.wordpress.com
 Office : 510.658.3665 | capc1@sbcglobal.net
 Pastor Monte: 510.658.3666 | Cell 510.520.0746
montemcclain@gmail.com



January 24, 2016

Welcome to College Avenue Presbyterian Church!

We're glad you're here with us today and look forward to worshipping together and getting to know each other.

Children's Coloring Sheets & Quiet Toys are located at the table area in the front to the left of the stage. We also have a lounge, off the entryway, where we broadcast the service if you need more space. We share a small snack and coffee after the service to connect, reconnect and make new connections. Please come join us.

CHILDREN

We invite children 3 years old to 6th grade to depart for Godly Play (our Sunday School) during the song of praise. You can gather your child(ren) after worship upstairs in the GP room.

CAPC WORSHIP 101 PRAYER CARDS

You're invited to share your prayers of concern and gratitude with the community by filling out the cards, located in the pews, and leaving them in the glass jar on the left of the communion table before the end of the call to worship. We'll use them later in the Prayers of The People time using a call and response prompt.

WIFI

2wire927 is our open wifi access. The password is 7304088568. If you tweet or instagram we invite you to use hashtag #capcoakland

NESTLÉ PARKING LOT

We are able to park in the lot. They ask us to enter and exit off of Chabot Road, and to access the lot via the pedestrian door on Chabot.

CCLI #1137062

GATHERING SONG

"Praise To The Lord The Almighty"

Blue Hymnal #482

CALL TO WORSHIP :

SONG OF PRAISE

"Open The Eyes Of My Heart Lord"

- insert

Children aged 3 years to 6th grade are invited to come to the front of our worship space to depart for Godly Play. You can collect your child(ren) after worship upstairs in the Godly Play Room.

TIME OF CONFESSION

Silent Prayer followed by **Prayer of Forgiveness and Assurance of Pardon**

SONG OF RESPONSE

"Jesus Christ Son of God"

- insert

Jesus Christ, Son of God, have mercy upon us.

Jesus Christ, Son of God, have mercy upon us.

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

Call and response liturgically prayed at the conclusion of sharing a prayer card

Liturgist: God, in your mercy.

Community: Hear our prayer.

To pray with someone after the service, look for today's liturgist in the lounge off the entryway.

GIVING OF OUR TITHES & OFFERINGS

SONG DURING THE OFFERING

"In Christ Alone"

- insert

HEARING GOD'S WORD

READING OF SCRIPTURE

Mark 5:21-43

Pew Bible, p. 973

SERMON

"Waze to Salvation"

Rev. Monte McClain

RESPONDING TO GOD'S WORD

SONG OF RESPONSE

"Jesus Savior Pilot Me"

- insert

ANNOUNCEMENTS

SENDING CALL AND RESPONSE

Leader: *God is good!*

Leader: *And all the time!*

People: All the time!

People: God is good!

BENEDICTION

PASSING THE PEACE OF CHRIST

"Ping An"

(Chinese, Mandarin)

We pass the peace week using languages native to the cultures of our church community as an audible sign of the Dominion of God working for the healing transformation of the world.

ANNOUNCEMENTS & COMMUNITY NEWS

January Birthdays

1	Margie Laverty	18	Gary Yee
1	Scott Darmstadt	25	Joy Barnes
8	Bill Bryant	29	Bill Beatty
10	Thom Faulkner		

PRAYERS & PRAISE

Prayers of praise and gratitude for: Martin Luther King Jr.

Prayers for God to intervene for: More patience and help for Marda; energy for Ward to cope with his condition; new friendship with a muslim woman; My brother, just diagnosed with beginning stages of leukemia; Our son Todd, in the hospital, being treated for culltitulus; Cristina Fonua, recovering from surgery; Ward's health medication is working less effectively; Tyler Conant Martin and his dad to find a new place to live; healing for Cecilia Jackson who has mild pneumonia, Terry Joseph and Jewel Sierra; freedom from pain and for peace for my sister Alice who is now in hospice care and for comfort and courage for her husband John and for my sisters and extended family.

ANNOUNCEMENTS & UPCOMING EVENTS

Walking through the Bible | Thursday at 11:30am in the Library, Emma Fleming: 510-653-6536

CAPC CHOIR | Sunday 12:00-1:00pm & Wednesday at 6pm

Mid Week Small Group Gathering Wednesdays 7:30-9 pm
Meets near CAL campus | Questions: call Marda 510.540.7173

Friday Night Meal | Friday 6-7pm. Talk to Ellen Brylawski to get involved.

The Vocabulary of Faith | Sunday 9:30-10:15am (library)

Women's Group | Saturday 8:30-10:00 am

Annual Congregational Meeting: Next Sunday, January 31st after worship. We're gathering to elect new leaders and receive the budget for 2016 immediately after worship.

Mardi Gras Pancake Dinner & Games! Tuesday, February 9th starting at 6pm. Bring a skillet for pancake games!

Ash Wednesday Prayer Station Service Wednesday, February 10th starting at 7:30pm. Interactive prayer stations to start Lent.

Nestlé Parking Lot | We are able to park in the lot. You must re-enter the lot from the entrance on Chabot near Crossroads.

Godly Play for Adults | Wednesdays in January at 7:00pm at First Pres. Oakland with Di Pagel | 2619 Broadway 94612

Deacons' Meeting Today after worship – in the library

Session Meeting – today 11:45-12:05 in the front room to finalize our budget creation.

Thank you to this morning's

Ushers: Sharon Nelson, Bill Beatty

Liturgist: Albert Hussian

Fellowship: Joy Barnes, Andrea Rondini

Godly Play: Beth Beatty, Chris George

Today's Musicians: Dave Eagle (Drums), Swen Hendrickson (Bass), Diego Alberto (Guitar) & Pete Feltman (a bit of everything)

Leadership for next week (January 31st, 2016)

Ushers: Jeff Trowbridge, Fredora Darmstadt

Liturgist:

Fellowship: Anne Marie Adams, Sharon Nelson

Godly Play: Joy Barnes, Fredora Darmstadt

Mark 5:21-43



What does a good life look like?

That's been the quintessential

question of humanity since our genesis. Socrates sought the answer in dialogue. The writer Ecclesiastes wrestles poetically with the question, while Job fights with God about it. Abraham and Sarah leave everything they had and knew for a new life, this "good" one. Throughout history those who have great moral authority have received it for the coherence between what they taught/said and how they lived. One has only to invoke the peace-full power of Dr. Martin Luther King Junior and the way in which his ministry changed the way that people of color are seen in our white society and how they see themselves as the beloved of God.

Our scripture today addresses that definition of a good life. The older woman is past her prime, her best days are behind her, lost like the menstrual blood that she's been oozing for twelve years. She's as good as dead: cut off from family, friends, community, even God – for she can't go to a house of prayer because of her condition. She's so desperate that she interrupts the heart-wrenching request for help made by Jairus for his dying 12 year old daughter who should have her whole life ahead of her as she's not yet an adult (that happens at 13).

Life is fast now. We move from urgency to urgency, putting out fires, longing for a break. The way Mark juxtaposes these two stories in a sandwich as he tells them we can't help but feel the desperation, desire and despair of the untouchable woman and the well-respected father. In a society in which the good life was based upon notion of purity laws (from Leviticus and Numbers in the First Testament), the righteousness and worthiness of people was visible and social normative. These laws were given by Moses to invite the people to holy living, wholly together, living for God and demonstrating that in how they lived together. And yet, rather than unifying the people, creating solidarity and inter-dependence, it seems to have fostered alienation and polarization. This bleeding woman has been forsaken by all in her need. Jesus is unanimously mocked for expressing his faith-full hope.

The miracle that sews the stories together is the intertwining promise and potential of trust. It's through trust or belief (it's the same word in the Biblical languages) in God that life is received, can be known, and can transcend the un-good life that we may have. These women are saved (*sozo*) by faith. A good life usually is defined through our actions, our relationships and the word that we leave behind. Jesus invites the people of the text, and we the people who hear the text today, to a new life. One that transcends what is behind us, and what is ahead of us. A life that calls us to engagement, transformation, solidarity, respectful fear, radical trust and a new sense of family and community.

Questions for Going Deeper:

- What do you think is the message of these scriptures?
- How have you experienced it as truth in your life?
- What invitation do you hear from God in this text to act, say, be or do?

LYRICS & READINGS FOR TODAY'S SERVICE

CALL TO WORSHIP

Katherine Hawker at liturgyoutside.net

The leader reads the normal font, **the people respond with the text in bold.**

From fears that paralyze us;

Heal us, O Lord.

From illness that strangles us;

Heal us, O Lord.

From sorrows that weigh us down;

Heal us, O Lord.

From aimlessness that plagues our visions;

Heal us, O Lord.

Praise To The Lord The Almighty

*Author: Joachim Neander (1680), Trans Catherin Winkworth 1863
Blue Hymnal #482*

1. Praise to the Lord the almighty the king of creation
Oh my soul praise Him for He is thy health and salvation
All ye who hear now to His temple draw near
Join me in glad adoration

2. Praise to the Lord who o'er all things so wondrously reigneth
Shelters thee under His wings yes so gently sustaineth
Hast thou not seen how all thy longings have been
Granted in what he ordaineth?

3. Praise to the Lord who doth prosper thy work and defend thee
Surely his goodness and mercy here daily attend thee
Ponder anew what the almighty can do
If with His love He befriend thee

4. Praise to the Lord O let all that is in me adore Him
All that hath life and breath come now with praises before Him
Let the amen sound from His people again
Gladly for aye we adore Him

Open The Eyes Of My Heart

*Paul Joseph Baloche
EMI Music Publishing, 2008
based on Ephesians 1:18*

Open the eyes of my heart lord
Open the eyes of my heart
I want to see you,
I want to see you
(repeat)

To see you high and lifted up
Shining in the light of your glory
Pour out your power and love
As we sing holy holy holy

Holy holy holy
Holy holy holy
Holy holy holy
I want to see you

"In Christ Alone"

Stuart Townend, Keith Getty

1. In Christ alone my hope is found,
He is my light, my strength, my song;
this Cornerstone, this solid Ground,
firm through the fiercest drought and storm.
What heights of love, what depths of peace,
when fears are stilled, when strivings cease!
My Comforter, my All in All,
here in the love of Christ I stand.

2. In Christ alone! who took on flesh
Fulness of God in helpless babe!
This gift of love and righteousness
Scorned by the ones he came to save:
Till on that cross as Jesus died,
The wrath of God was satisfied -
For every sin on Him was laid;
Here in the death of Christ I live.

3. There in the ground His body lay
Light of the world by darkness slain;
Then bursting forth in glorious Day
Up from the grave he rose again!
And as He stands in victory
Sin's curse has lost its grip on me,
For I am His and He is mine -
Bought with the precious blood of Christ.

4. No guilt in life, no fear in death
this is the pow'r of Christ in me
from life's first cry to final breath
Jesus commands my destiny
No pow'r of hell, no scheme of man
can ever pluck me from His hand
'til He returns or calls me home
here in the pow'r of Christ I'll stand

Jesus Savior Pilot Me

*Author: Edward Hopper, in The Sailor's Magazine (1871)
and The Baptist Praise Book (1871)*

Jesus savior pilot me over life's tempestuous sea.
over life's tempestuous sea.
Unknown waves before me roll,
Hiding rock and treacherous shoal. Chart and
Compass come from thee,
Jesus savior pilot me.

As a mother stills her child,
thou can hush the ocean wild.
Boisterous waves obey thy will,
when you say to them be still.
Wondrous Sovereign of the sea,
Jesus savior pilot me.

When at last I near the shore,
and the fearful breakers roar
twixt me and the peaceful rest,
then while leaning on thy breast, may I
Hear you say to me.
Fear not I will pilot thee.

Chart and compass come from thee
Wondrous Sovereign of the sea
May I hear you say to me,
Fear not I will pilot thee

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**Words and Music by
Keith Getty and Stuart Townend**

Maestoso (♩ = 80)

G D G A D/F# G D/F# Em7 A7

1. In Christ a - lone
2. In Christ a - lone
3. There in the ground
4. No guilt in life,

my hope is found,
who took on flesh,
His bo - dy lay,
no fear in death-

He is my light, my strength, my
full - ness of God in help - less
light of the world by dark - ness
this is the pow'r of Christ in

4 D G D G A D/F#

song, This cor - ber - stone, this so - lid ground, firm through the
bebe! This gift of love and right - eous - ness, scorned by the
slain. Then burst - ing forth in glo - rious day, up from the
me. From life's first cry to fi - nal breath, Je - sus com -

7 G D/F# Em7 A7 D G D/F# G D

fierc - est drought and storm. What heights of love, what depths of
ours He came to save. Till on that cross as Je - sus
grave He rose a - gain! And as He stands in vic - to -
mands my des - ti - ny. No pow'r of bell, no scheme of

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10 **A** **D/F#** **G** **Bm7** **A** **G**

peace, when fears are stilled, My com - for -
died, the wrath of God was sa - tis - fied; for ev - ery
ry, sin's curse has lost its grip on me; Till He re -
man, can e - ver pluck

13

ter, my all in all-
sin on Him was laid-
and He is mine-
turns His and or
calls me home-
here in the love of Christ I stand
here in the death of Christ I live
bought with the pre-cious blood of Christ
here in the pow'r of Christ I'll

17. Am⁷ G Em⁷ Gadd⁹ D

2. In Christ a-stand.
3. There in the
4. No guilt in

Christ Alone (Hymnal, Key of D)

In Christ Alone (Hymnal: Key of D)

Jesus Christ, Son of God

slowly
(cantor)

Words: trad. liturgical

Je - sus Christ, Son of God, have mer - cy up - on us.

(all)

Je - sus Christ, Son of God, have mer - cy up - on us.