

College Avenue Presbyterian Church
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Welcome to CAPC Oakland!

We are a reformed, multicultural, politically purple, community of followers of Jesus seeking to live our faith seriously in word, deed and relationships in the East Bay.

If you've never celebrated with us, you can follow along using this paper or the projection on the screen. Hymnals and Bibles are in the pews. We invite you to join us for a moment of community connection afterwards with a drink and simple snack.

CHILDREN

We have a quiet play area for children in the front of the sanctuary with toys and coloring sheets that can be played with during services. We also have a lounge, off the entryway, where the service is broadcast if you need more space.

We invite children 3 years old to 6th grade to depart for Godly Play following our second song. You can gather your child(ren) after worship upstairs in the GP room.

PRAYER CARDS

You're invited to share your prayers of concern or gratitude by filling out the cards, located in the pews, and placing them in the glass vase on the table. We'll use them during today's service.

WIFI & SOCIAL MEDIA

2wire927 is our open wifi. The password is 7304088568. If you do social media during the service we invite you to add #capcoakland to include others.

NESTLÉ PARKING LOT

We're able to park in the lot behind the church. They ask us to enter and exit off of Chabot Road, using the pedestrian door there near Crossroads Trading.

CCL #1137062

March 17, 2019

GATHERING AROUND GOD'S WORD

GATHERING SONG

"All Things Bright And Beautiful"

- Blue Hymnal #267

CALL TO WORSHIP

SONG OF PRAISE

"My Shepherd Shall Supply My Need"

- Blue Hymnal #172

LISTENING FOR GOD'S WORD

ACT OF CONFESSION. *OPENING OURSELVES TO BEING UNDONE, THAT WE MIGHT BE REDONE*

SUNG RESPONSE

"Take O Take Me"

- Insert

DECLARATION OF GRACE. *THE IN-BREAKING OF GOD'S GRACE DISRUPTS OUR HUMAN CONDITION OF SIN*

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

Call and response liturgically prayed at the conclusion of sharing a prayer card

Leader: God, in your mercy.

People: Hear our prayer.

To pray with someone after the service, look for today's liturgist after today's service

GIVING OF OUR TITHES & OFFERINGS TO EMPOWER THE WORK OF GOD IN THE CHURCH

OFFERTORY SONG

"Siyahamba"

- Insert

READING OF SCRIPTURE

John 4:1-42

Pew Bible, pp. 1030

SERMON

"The Thirst Trap"

- Monte McClain

RESPONDING TO GOD'S WORD

SONG OF RESPONSE

"Be Thou My Vision"

- insert

ANNOUNCEMENTS

SENDING CALL AND RESPONSE

Leader: God is good!

Leader: And all the time!

People: All the time!

People: God is good!

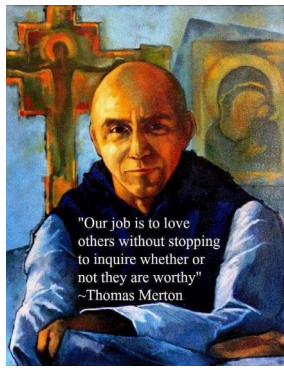
EXHORTATION & BENEDICTION

PASSING THE PEACE OF GOD "Síocháin Chríost" /she-ukh-awn Crist/ (Gaelic)

We pass the peace weekly using languages native to the cultures of our church community as an audible sign of the Dominion of God at work towards the healing transformation of the world.

Thoughts on Today's Scripture

John 4:1-42



Water is among the most important and common elements of our world and bodies. 71% of our planet is water. 60% of our bodies are water. Water is life. Life is water. In many religions water has become a symbol or metaphor for life, sustenance, divine presence and providence. In our tradition centered around Jesus water represents chaos or the adversary of God's power (in the deep of the creation story, the flood, and the crossing of the Red Sea, Jesus calming the storm on the sea of Galilee). Water also represents justice, righteousness, conversion, and reconciliation. Think of Amos' words about justice flowing down like a mighty torrent. Think of the baptism of John for repentance, the baptism of Jesus to new life, Jesus turning water into wine, Jesus walking on water. Our scripture today invokes those meanings of water.

Here we see the story of an unwanted person seeking water, finding something deeper and wider than she expected. It's a story that includes elements of racial or cultural supremacy. The Israelites, or Jews, considered the Samaritans to be less than-s, fake believers, a sort of half-breed mongrels. They claimed the same faith in the God of Israel but did it wrong, lived on the wrong side of the tracks, and were thus considered "dirty," "impure," in need of radical redemption. Many travelers avoided crossing Samaria. But it also was the shortest route between Jerusalem and Judea (in the south) and Galilee and Nazareth (in the north). So Jesus and his friends take the short-cut, but don't cut their trip short.

We'd do well to remember that although water is the most common element on our planet and our bodies, it's something that is also limited and in short supply. An estimated 2.5 billion people lack access to improved sanitation, more than 35% of the world's population lack safe drinking water. We here in our country never give a second thought to that. Yet many people on our planet spend a large portion of their day preoccupied with ensuring that they have the water they need. Thinking of water as a symbol of God's justice, righteousness and desire for healing reconciliation with us, the question has to be asked...Do we also take God's love and grace for granted? Are we aware of the gift that we have been given, not by our merits, but out of God's generosity? It can lead us to feelings of guilt and shame, or such awareness can lead us to generosity, inclusivity, welcoming, and grace-giving.

QUESTIONS FOR THE PRACTICE OF EXAMEN & CONTEMPLATION

- **What shimmers in your attention in this reading?**
- **As you hear the story, with whom do you identify? Why?**
- **The last words of Jesus in the New Testament are "Let everyone who is thirsty come..." and "Let anyone who wishes take the water of life as a gift." (Revelation 22:1-2; 17). How do you hear that invitation as an invitation to us today in our belief, practice, life, and love?**

ANNOUNCEMENTS & COMMUNITY NEWS

MARCH BIRTHDAYS

1 Al Barnes	6 Jeff Trowbridge
12 Kristy McClain	17 Louise Hirschman
22 Ellen Brylawski	24 Marda Stothers
28 Lucian Haynes	31 Gordon Laverty

COMMUNITY LIFE CALENDAR

BYO St Patrick's Day today 1:15pm at Sláinte Irish Pub in Jack London Square. 131 Broadway Oakland 94607 | slainteoakland.com

Rituals during Lent | Each Sundays you can arrive early to begin worship with a self-directed spiritual practice ritual on the round table in the center of the sanctuary.

The Vocabulary of Faith | Sundays 9:30-10:20a

ESL - Immigrant Ministry | Mondays from 7-9pm at Primera Iglesia of Oakland (High Street) *It's a great way to love our neighbors and join in what God's doing right here in Oakland.*

Choir Practice | Sundays 12p & Tuesdays 5:30p

There is NO Friday Night Meal this week

Women's Group, Saturday 8:30am | in the church library (meets 1st, 2nd, 3rd Saturdays)

Lent Small Groups & Worship - Grounded In Lent) we're forming small groups to read and interact around the questions raised in the book *Grounded* by Diana Butler Bass.

Group 1 meets Tuesdays 12-1pm at the church.

Group 2 meets Wednesdays 6:45-8:15 near CAL at the home of Marda Stothers

Group 3 meets Thursday 3-4pm at the church.

Congregational Meeting | Today after worship

Celebrating the Life of Jerry Martin | Next Sunday, March 24th 2:00-3:00pm.

Give a Relational Tithe | Encourage another with a hand-written note. Cards on the back wall!

Thank you to Today's Leadership
Fellowship: Linda Davis, Louise Hirschman
Godly Play: Beth Beatty ST, Raddy Beatty DK
Liturgists: Wednesday Night Celtic Prayer Group

Leadership for next week, 3/24/19:
Fellowship: Fredora Darmstadt, Kristy McClain
Godly Play: Cam Beatty ST, Fredora Darmstadt

LYRICS & WRITTEN RESPONSES FOR TODAY'S CELEBRATION

"All Things Bright and Beautiful"

Cecil F. Alexander (1848) - Blue Hymnal #267

Refrain:

All things bright and beautiful,
All creatures great and small,
All things wise and wonderful:
The Lord God made them all.

1. Each little flower that opens,
Each little bird that sings:
God made their glowing colors,
God made their tiny wings. (Refrain)

2. The purple-headed mountain,
The river running by,
The sunset, and the morning
That brightens up the sky, (Refrain)

3. The cold wind in the winter,
The pleasant summer sun,
The ripe fruits in the garden,
God made them every one. (Refrain)

4. God gave us eyes to see them,
And lips that we might tell
How great is God Almighty,
Who has made all things well. (Refrain)

"My Shepherd Shall Supply My Need"

Isaac Watts (1719; alt. 1972) Blue Hymnal #172

1. My Shepherd will supply my need;
Jehovah is His Name:
In pastures fresh He makes me feed,
Beside the living stream.
He brings my wandering spirit back
When I forsake His ways,
And leads me, for His mercy's sake,
In paths of truth and grace.

2. When I walk through the shades of death
Thy presence is my stay;
One word of Your supporting breath
Drives all my fears away.
Your hand, in sight of all my foes,
Does still my table spread;
My cup with blessings overflows,
Your oil anoints my head.

3 The sure provisions of my God
Attend me all my days;
O may Your house be my abode,
And all my work be praise.
There would I find a settled rest,
While others go and come;
No more a stranger, or a guest,
But like a child at home.

CALL TO WORSHIP RESPONSIVE READING

Today's response is a prayer published by the Iona Community.

One: We are the people of God, the Creator

All: Created in the image of God.

One: We are the people of God, the Redeemer,

All: Reconciled in Jesus Christ.

One: We are the people of God, the giver of life,

All: Open to the life-giving Spirit.

One: Praise to you, Creator of heaven and earth,

All: You give us food of the earth and water of the well.

One: Praise to you, Jesus Christ who walked this earth,

All: You have revealed God's love for the world.

One: Praise to you, Holy Spirit, giver of Life,

All: You awaken our song of praise.

Act of Confession

Adapted from a morning prayer of the community of Northumbria – liturgy used by our Wednesday Night Celtic Prayer Group.

One: In the book of Deuteronomy we hear the invitation of God to a different way of being:

⁴ Hear, O Israel: The Lord is our God, the Lord alone.

⁵ You shall love the Lord your God with all your heart, and with all your soul, and with all your might. ⁶ Keep these words that I am commanding you today in your heart. ⁷ Recite them to your children and talk about them when you are at home and when you are away, when you lie down and when you rise. ⁸ Bind them as a sign on your hand, fix them as an emblem on your forehead, ⁹ and write them on the doorposts of your house and on your gates.

One: Who is it that you seek this day?

All: We seek the Lord our God.

One: Do you seek God with all your heart?

All: We have wanted to, but not always done so. Lord, have mercy.

One: Do you seek God with all your soul?

All: We have wanted to, but at times have been pulled elsewhere by our passions. Lord, have mercy.

One: Do you seek God with all your mind?

All: We have wanted to, but at times our minds have also wandered. Lord, have mercy.

One: Do you seek God with all your strength?

All: We have wanted to, but we are not always strong enough to listen rather than speak or act. Christ, have mercy.

“Take O Take Me”

John L. Bell

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Take, O take me as I am;
summon out what I shall be
Set your seal upon my heart
and live in me

Profession of Faith in Response to God's Grace

Adapted from a morning prayer of the community of Northumbria – liturgy used by our Wednesday Night Celtic Prayer Group.

One: Lord, you have always given
Bread for the coming day,
And though I am poor,

All: Today I believe.

One: Lord, you have always given
Strength for the coming day,
And though I am weak,

All: Today I believe.

One: Lord, you have always given
Peace for the coming day,
And though of anxious heart,

All: Today I believe.

One: Lord, you have always kept
Me safe in trials
And now, tired as I am,

All: Today I believe.

One: Lord, you have always marked
The road for the coming day,
And though I am weak,

All: Today I believe.

One: Lord, you have always given
Strength for the coming day,
And though it may be hidden,

All: Today I believe.

One: Lord, you have always lightened
This darkness of min,
And though the night is here,

All: Today I believe.

One: Lord, you have always spoken
When time was ripe,
And though you be silent now,

All: Today I believe.

“Siyahamba”

South African Traditional Song

English; Xhosa / Glory to God Hymnal #853

© 1984, Utryck, Walton Music Corporation,

We are marching in the light of God
We are marching in the light of God
We are marching, we are marching oh
We are marching in the light of God
We are marching, we are marching oh
We are marching in the light of God

Siyahambay kookay nyen kwen kos

We are living in the love of God

We are moving in the power of God

“Be Thou My Vision”

Translator: Mary E. Byrne (1905)

Versifier: Eleanor H. Hull (1912; alt.)

Ancient Irish poem set to an Irish Ballad

Blue Hymnal #339

1 Be thou my vision, O Lord of my heart;
naught be all else to me, save that thou art;
thou my best thought, by day or by night,
waking or sleeping, thy presence my light.

2 Be thou my wisdom, and thou my true Word;
I ever with thee and thou with me, Lord;
thou my soul's shelter, and thou my high tower;
raise thou me heavenward, O Power of my power.

3 Riches I heed not, nor vain, empty praise;
thou, mine inheritance, now and always;
thou and thou only, first in my heart,
High King of Heaven, my treasure thou art.

4 High King of Heaven, my victory won,
may I reach heaven's joys, O bright heaven's Sun!
Heart of my own heart, whatever befall,
still be my vision, O Ruler of all.

Be Thou My Vision

Capo 1: (D) E^b (G) A^b (D/F#) E^b/G (A7) B^b7 (D) E^b



1 Be thou my vi - sion, O Lord of my heart;
 2 Be thou my wis - dom, and thou my true Word;
 3 Rich - es I heed not, nor vain, emp - ty praise;
 4 High King of Heav - en, my vic - to - ry won,

(A) B^b (D) E^b (G) A^b (A) B^b



naught be all else to me, save that thou art;
 I ev - er with thee and thou with me, Lord;
 thou mine in - her - i - tance, now and al - ways;
 may I reach heav - en's joys, O bright heaven's Sun!

(G) A^b (D) E^b (F#m7) Gm7 (G) A^b (A) B^b



thou my best thought, by day or by night,
 thou my soul's shel - ter, and thou my high tower;
 thou and thou on - ly, first in my heart,
 Heart of my own heart, what - ev - er be - fall,

(Bm) Cm (D/F#) E^b/G (G) A^b (D) E^b



wak - ing or sleep - ing, thy pres - ence my light.
 raise thou me heaven - ward, O Power of my power.
 High King of Heav - en, my trea - sure thou art.
 still be my vi - sion, O Rul - er of all.

Guitar chords do not correspond with keyboard harmony.

These stanzas are selected from a 20th-century English poetic version of an Irish monastic prayer dating to the 10th century or before. They are set to an Irish folk melody that has proved popular and easily sung despite its lack of repetition and its wide range.