

College Avenue Presbyterian Church  
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# COMMUNION



## FOOD FOR THE JOURNEY

### Welcome to CAPC Oakland!

We are a reformed, multicultural, politically purple, community of followers of Jesus seeking to live our faith seriously in word, deed and relationships in the East Bay.

If you've never celebrated with us, you can follow along using this paper or the projection on the screen. Hymnals and Bibles are in the pews. We invite you to join us for a moment of community connection afterwards with a drink and simple snack.

### CHILDREN

We have a quiet play area for children in the front of the sanctuary with toys and coloring sheets that can be played with during services. We also have a lounge, off the entryway, where the service is broadcast if you need more space.

We invite children 3 years old to 6<sup>th</sup> grade to depart for Godly Play following our second song. You can gather your child(ren) after worship upstairs in the GP room.

### PRAYER CARDS

You're invited to share your prayers of concern or gratitude by filling out the cards, located in the pews, and placing them in the glass vase on the table. We'll use them during today's service.

### WIFI & SOCIAL MEDIA

2wire927 is our open wifi. The password is 7304088568. If you do social media during the service we invite you to add #capcoakland to include others.

### NESTLÉ PARKING LOT

We're able to park in the lot behind the church. They ask us to enter and exit off of Chabot Road, using the pedestrian door there near Crossroads Trading.

CCL #1137062

June 16, 2019

### GATHERING AROUND GOD'S WORD

GATHERING SONG "Creator God, You Made the Earth" - Insert

CALL TO WORSHIP *Responsive Reading*

SONG OF PRAISE "Tis A Gift to Be Simple" - Insert

*Children from 2 years to 6<sup>th</sup> grade are invited to gather at the front of the sanctuary and depart for our Godly Play time. You can collect your child(ren) after the service upstairs.*

### LISTENING FOR GOD'S WORD

ACT OF CONFESSION. *OPENING OURSELVES TO BEING UNDONE, THAT WE MIGHT BE REDONE*

SUNG RESPONSE "Don't Be Afraid" - Insert

DECLARATION OF GRACE. *THE IN-BREAKING OF GOD'S GRACE DISRUPTS OUR HUMAN CONDITION OF SIN*

### PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

*Call and response liturgically prayed at the conclusion of sharing a prayer card*

Leader: God, in your mercy.

**People: Hear our prayer.**

*To pray with someone after the service, look for today's liturgist after today's service*

### GIVING OF OUR TITHES & OFFERINGS TO EMPOWER THE WORK OF GOD IN THE CHURCH

OFFERTORY SONG "For The Beauty Of The Earth" - Blue Hymnal #473, v.1

READING OF SCRIPTURE 1 Samuel 21:1-9 & Matthew 12:1-8 *Pew Bible, pp. 316, 944*

SERMON "Food for the Journey" - Monte McClain

### RESPONDING TO GOD'S WORD

SONG OF RESPONSE "Every Time I Feel the Spirit" - Blue Hymnal #315

### ANNOUNCEMENTS

### SENDING CALL AND RESPONSE

Leader: God is good!

Leader: And all the time!

**People: All the time!**

**People: God is good!**

### EXHORTATION & BENEDICTION

PASSING THE PEACE OF GOD "Tiyoos tii Ka'tal" /tea oshtea katal/ (Poqomam)

*We pass the peace weekly using languages native to the cultures of our church community as an audible sign of the Dominion of God at work towards the healing transformation of the world.*

## Engaging Today's Scripture

**1 Samuel 21:1-9  
& Matthew 12:1-8**

Today's two texts  
are related. For in  
the selection from



Matthew's gospel retelling of the life of Jesus, he refers back to the story that happens with David in 1 Samuel 21. 1 Samuel tells the story of how ancient Israel went from a people who were led directly by God via the priests and prophets to a nation which was led by a human King. God wanted them to be free, but the people clamored for a monarch so that they would be like the other nations that surrounded them. It's the story of peer pressure and how we often settle for much less than what God wants for us because we don't want to "stand out."

In that story, David is being pursued by King Saul and his troops. God has forsaken Saul because he's grown into a narcissistic megalomaniac ruler who sees himself as more of the leader than God. David is being raised up to take his place, as he, unlike Saul, remembers God's centrality and seeks to serve rather than have others serve him. In their flight, they come to the ancient temple in Nob. They are starving, having traveled far and fast. The only thing to eat is the Holy Bread, reserved as a visible offering for God, placed on the table in the sanctuary. The priest gives the bread to them, to feed them. He recognizes that God has no need for bread, but seeks rather our hearts and love. God longs to nourish and nurture our bodies, to sustain and grow us. And so what seemed sacrilegious is actually the godliest thing to do.

In the text from Matthew, we hear of the disciples of Jesus who eat as they cross the fields of their country on the Sabbath day of rest. The Pharisee religious teachers take issue with this because picking wheat from the field is considered work. God had provided for all people to be able to eat by commanding that all farmers not harvest the entirety of their fields. Rather they were to leave the edge, as a gift for the hungry to glean" (eat for free)...like we do at times today with leftover, or unwanted, items at a farmer's market. The Pharisees think the disciples (and thus Jesus as their leader) are sacrilegious, disrespectful of tradition, hypocritical in their spiritual and public lives. Jesus reframes the situation, reminding the religious leaders of what is central to their religion: not the following of rules, as much as a relationship with God who longs to nourish and nurture our bodies, to sustain and grow us in the life journey of faith.

### QUESTIONS FOR THE PRACTICE OF EXAMEN & CONTEMPLATION:

- **What word, phrase or image grabs your attention?**
- **What was God's intention for the Bread of the Presence? How did David conform to it?**
- **What was God's intention for the sabbath? How can Jesus and the Pharisees disagree about what that means for daily living?**
- **What do these stories have to do with the sacrament of communion? With our life today?**

## ANNOUNCEMENTS & COMMUNITY NEWS

### JUNE BIRTHDAYS

12 Daniel Trowbridge 13 Lina Foltz Careaga  
14 Patt Schroeder 15 Brian Trowbridge  
23 Ross Laverty 24 Beth Beatty  
29 Sophie McClain 2002 30 Stony Ramirez 1996

### COMMUNITY LIFE CALENDAR

**Youth Group.** We're starting the summer with a youth blow out on Sunday, June 30<sup>th</sup>!

**Be "Good News" for Local Immigrants by helping us to teach a weekly ESL Class – Mondays, 7-9pm** We focus on 1-1 conversation to develop both speaking skills and relationships! More info at [www.capcoakland.org/esl-ministry](http://www.capcoakland.org/esl-ministry)

**Join our Choir!** Tuesdays 5:30-6:30p, Sundays 12-1p | Contact Pete Feltman [petefeltman@gmail.com](mailto:petefeltman@gmail.com)

**Celtic Prayer Group,** Wednesdays 6:45-8:15pm Meets near CAL. *Contact Marda Stothers for more info at [mqstothers@gmail.com](mailto:mqstothers@gmail.com)*

**Friday Night Meal,** There is no meal this week.

**Women's Group, Saturdays 8:30am | in the church library** (meets 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Saturdays)

**The Vocabulary of Faith |** Sundays 9:30-10:15a *A weekly intro to learning how to read the Bible.*

**Recreation VBS 2019 Edition:** Monday, July 29 through Friday, August 2<sup>nd</sup>. More info online at [www.recreationvbs.org](http://www.recreationvbs.org)

**2019 Church Retreat: September 6-8<sup>th</sup>** with First Presbyterian Church of Alameda. This year our speaker is Rev. Matt Prinz talking about Christian Community & Community-building practices. – Registration info soon!

**Community Connections –** Do you need or know anyone who is looking for babysitting help? If so contact Reyma Bright at [remyabright@gmail.com](mailto:remyabright@gmail.com) or 510 717 9291

**Give a Relational Tithe |** Encourage another with a hand-written note. Cards on the back wall!

**La Ceiba Coffee:!** For sale today \$10/bag

### Thank you to Today's Leadership

Fellowship: Linda Davis, Louise Hirschman  
Godly Play: Ellen Brylawski (ST); Fredora Darmstadt (DK)

### Leadership for next week, 6/23/19:

Fellowship: Fredora Darmstadt, Kristy McClain  
Godly Play: Patt Schroeder (ST); Fredora Darmstadt (DK)  
Preaching: Rev. Pamela Anderson

## LYRICS & WRITTEN RESPONSES FOR TODAY'S CELEBRATION

### "Creator God, You Made the Earth"

ST. COLUMBA 8.7.8.7 ("The King of Love My Shepherd Is")

Biblical References: Genesis 1-2:3; Exodus 5:12-15; Luke 7:36-47; Romans 8:18-23; Colossians 3:12-16

Text: Copyright © 2001 by Carolyn Winfrey Gillette. All rights reserved.

Copied from "Songs of Grace: New Hymns for God and Neighbor" by Carolyn Winfrey Gillette (Upper Room Books).

1. Creator God, you made the earth,  
A gift beyond comparing!  
You called it good, you gave it worth,  
You placed it in our caring.

2. You gave your gift of Sabbath rest,  
Your pattern for creation.  
You give us times to heal, to bless,  
To join in celebration.

3. You give us Christ, who reconciled  
The things of earth and heaven.  
In him, you call each one your child!  
What wondrous love you've given!

4. Because we've turned away from you,  
Your world still needs your healing.  
Creation longs to be made new  
Through Christ, your love revealing.

5. God, by your Spirit, may we be  
Communities of caring,  
That as we're healed, your world may see  
The hope that we are sharing.

## CALL TO WORSHIP RESPONSIVE READING

Today's liturgy comes from *The 2015 Liturgy for the Churches' Food Week of Action of the PCUSA, Psalm 24.*

<https://www.presbyterianmission.org/food-faith/2015/10/09/liturgy/> In spite of steady gains against hunger and poverty, today, more than ten percent of the population of the world; about 795 million people, are undernourished and go to bed hungry.

One: Leader: Glory to you, our God, glory to you.  
The earth is the Lord's and all that is in it,  
the world, and those who live in it;

All: <sup>2</sup> for God has founded it on the seas,  
and established it on the rivers.

One: <sup>3</sup> Who shall ascend the hill of the Lord?  
And who shall stand in God's holy place?

All: <sup>4</sup> Those who have clean hands  
and pure hearts,  
who do not lift up their souls  
to what is false,  
and do not swear deceitfully.

One: <sup>5</sup> They will receive blessing from the Lord,  
and vindication from the God of their salvation.

All: <sup>6</sup> Such is the company of those who seek the  
Lord, who seek the face of the God of Jacob.

One: <sup>7</sup> Lift up your heads, O gates!

All: and be lifted up, O ancient doors!  
that the Glorious Lord may come in.

One: Heavenly LORD, Comforter; We come to you,  
hungry and thirsty for righteousness

All: Come and dwell in us.  
Satisfy us so that we might offer  
Hospitality, food and rest  
To the hungry and weary.

### Tis A Gift to Be Simple"

Shaker song, 18th cent.

Author: Joseph Brackett (May 6, 1797 – July 4, 1882) was an American songwriter, author, and elder of The United Society of Believers in Christ's Second Appearing, better known as the Shakers. Brackett's most famous song, "Simple Gifts", is still widely performed and adapted.

Tis a gift to be simple, 'tis a gift to be free  
'Tis a gift to come down where I ought to be  
And when I am in the place just right  
I will be in the valley of love and delight  
When true simplicity is gained  
To bow and to bend I will not be ashamed  
To turn, to turn will be my delight  
'Til by turning, turning, I come 'round right.

## ACT OF CONFESSION RESPONSIVE READING

*Today's response is inspired from bible- Micah 6: 1- 8*

### **Call to Confession : Reflecting on the Dissonance between our living and God's calling**

<sup>6</sup> "With what shall I come before the Lord,  
and bow myself before God on high?  
Shall I come before God with burnt offerings,  
with calves a year old?  
<sup>7</sup> Will the Lord be pleased with thousands of rams,  
with ten thousands of rivers of oil?  
Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?"  
<sup>8</sup> God has told you, O mortal, what is good;  
and what does the Lord require of you  
but to do justice, and to love kindness,  
and to walk humbly with your God?

Leader: We recognize that the food that sustains life  
is denied to many in this unjust world;

**All: We recognize that a tenth of the world's  
population go hungry each day.**

Leader: We acknowledge that almost a third of the  
world's population lacks sanitation facilities;

**All: We acknowledge that thousands of children die  
each day for lack of access to clean water.**

Leader: We remember the laborers, women and men,  
who are denied a living wage;

**All: We remember the farmers and fisher folk  
impoverished by market forces,  
which force them to sell their produce for less  
than the cost of production.**

Leader: We recognize that many communities are being  
dispossessed of their access to their lands, water  
bodies and their livelihoods;

**All: We recognize that local resources,  
small farmers and their traditional knowledge  
and innovations are neglected.**

Leader: We acknowledge that increasingly, the earth and  
the soil are being stripped of richness, depleted of  
diversity, and being poisoned;

**All: We acknowledge that we have not sufficiently  
cared for the precious soil, the work of your hands.  
We have not listened to the people who live closest to it.**

Leader: We confess that by our insensitivity  
and irresponsibility, we destroy life;

**All: We confess that by our selfishness  
and profiteering, we endanger creation  
and our common future.**

*Silence*

### **"Don't Be Afraid"**

*Author: John L. Bell*

*© 1995 Wild Goose Resource Group, Iona  
Community, Scotland, GIA Publications, Inc.,*

1 Don't be afraid my love is stronger  
My love is stronger than your fear  
Don't be afraid my love is stronger  
And I have promised,  
promised to be always near.

### **Proclamation of God's Grace**

Leader: Lord, we seek your forgiveness;

**All: Lord, grant us grace to be  
renewed by the Holy Spirit.**

Leader: May the food we eat sustain our  
lives to serve God and God's creation;

**All: May our choices bind us to the  
environment and our communities.**

Leader: Happy are those whose help  
is the God of Jacob,  
whose hope is in the LORD their God,  
who made heaven and earth, the sea,  
and all that is in them;  
who keeps faith forever;  
who executes justice for the oppressed;  
who gives food to the hungry.  
(Psalm 146)

**All: AMEN**

## **"For The Beauty Of The Earth"**

*Author: Folliott Sandford Pierpoint (1864)  
Blue Hymnal #473*

1. For the beauty of the earth,  
For the glory of the skies,  
For the love which from our birth  
Over and around us lies.

*Refrain:*

Lord of all, to Thee we raise,  
This our hymn of grateful praise.

## **"In Christ Alone"**

*Author: Keith Getty; Author: Stuart Townend*

1. In Christ alone my hope is found  
He is my light, my strength, my song  
this cornerstone, this solid ground  
firm through the fiercest drought and storm  
What heights of love, what depths of peace  
when fears are stilled, when strivings cease  
My comforter, my all in all  
here in the love of Christ I stand

2. In Christ alone, who took on flesh  
fullness of God in helpless Babe  
This gift of love and righteousness  
scorned by the ones He came to save  
'Til on that cross as Jesus died  
the wrath of God was satisfied  
For ev'ry sin on Him was laid  
here in the death of Christ I live

3. There in the ground His body lay  
Light of the world by darkness slain  
then, bursting forth in glorious day  
up from the grave He rose again  
And as He stands in victory  
sin's curse has lost its grip on me  
for I am His and He is mine  
bought with the precious blood of Christ

4. No guilt in life, no fear in death  
this is the pow'r of Christ in me  
from life's first cry to final breath  
Jesus commands my destiny  
No pow'r of hell, no scheme of man  
can ever pluck me from His hand  
'til He returns or calls me home  
here in the pow'r of Christ I'll stand