

**College Avenue Presbyterian Church**  
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## Welcome to CAPC Oakland!

We are a reformed, multicultural, politically purple, community of followers of Jesus seeking to live our faith seriously in word, deed and relationships in the East Bay.

If you've never celebrated with us, you can follow along using this paper or the projection on the screen. Hymnals and Bibles are in the pews. We invite you to join us for a moment of community connection afterwards with a drink and simple snack.

### CHILDREN

We have a quiet play area for children in the front of the sanctuary with toys and coloring sheets that can be played with during services. We also have a lounge, off the entryway, where the service is broadcast if you need more space.

We invite children 3 years old to 6<sup>th</sup> grade to depart for Godly Play following our second song. You can gather your child(ren) after worship upstairs in the GP room.

### PRAYER CARDS

You're invited to share your prayers of concern or gratitude by filling out the cards, located in the pews, and placing them in the glass vase on the table. We'll use them during today's service.

### WIFI & SOCIAL MEDIA

2wire927 is our open wifi. The password is 7304088568. If you do social media during the service we invite you to add #capcoakland to include others.

### NESTLÉ PARKING LOT

We're able to park in the lot behind the church. They ask us to enter and exit off of Chabot Road, using the pedestrian door there near Crossroads Trading.

CCL #1137062

July 29, 2018

GATHERING SONG "For the Beauty of the Earth" - *Blue Hymnal #473*

CALL TO WORSHIP

SONG OF PRAISE "I've Got Peace Like a River" - *Blue Hymnal #368*

ACT OF CONFESSION. *OPENING OURSELVES TO BEING UNDONE, THAT WE MIGHT BE REDONE*

SUNG PRAYER OF REPENTANCE "Ancient Words" - *Insert*

DECLARATION OF GRACE. *THE IN-BREAKING OF GOD'S GRACE DISRUPTS OUR HUMAN CONDITION OF SIN*

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

*Call and response liturgically prayed at the conclusion of sharing a prayer card*

Leader: God, in your mercy.

**People: Hear our prayer.**

*To pray with someone after the service, look for today's liturgist after today's service*

GIVING OF OUR TITHES & OFFERINGS TO EMPOWER THE WORK OF GOD IN THE CHURCH

OFFERTORY SONG "Morning Has Broken" - *Blue Hymnal #469, 1-2*

LISTENING FOR GOD'S WORD

READING OF SCRIPTURE

Mark 5:1-20

*Pew Bible, p. 972*

TESTIMONY SERMON

"Celebrate Your Story"

- *Rev. Monte McClain*

RESPONDING TO GOD'S WORD

SONG OF RESPONSE

"I Sing a Song of the Saints of God"

- *Blue Hymnal #364*

ANNOUNCEMENTS

MOMENT FOR DEACONS

SENDING CALL AND RESPONSE

Leader: God is good!

Leader: And all the time!

**People: All the time!**

**People: God is good!**

EXHORTATION & BLESSING

PASSING THE PEACE OF GOD

"Kedamaian Kristus"

- *Indonesian*

*We pass the peace weekly using languages native to the cultures of our church community as an audible sign of the Dominion of God at work towards the healing transformation of the world.*

## Thoughts on Today's Scripture

### Mark 5:1-20



This summer we're working with the notion of bearing testimony, sharing stories of how we have individually experienced the presence, purpose or passion of God in our lives. It's a chance to remember, retell and reclaim that God is alive, wild and loose in the world still creating, redeeming and resurrecting. It's also a chance for us to discover and reconnect with our own importance, with the notion that our story matters in the larger story of the universe. How do we share those stories? How do such stories of deliverance, hope and love encourage in a time characterized by social isolation, mistrust of institutions and others, and a deep search for meaning?

This story in Mark is undoubtedly connected to the story of Jesus delivering another man from an unclean spirit in Mark 1:21-28. That is the inaugural, or first, miraculous act of deliverance recounted by Mark. These two stories are the only ones in which an unclean spirit talks with Jesus, recognizing Jesus for who he is. We all too often forget that the name Jesus is a form of the Jewish name Joshua which means "Yahweh rescues, delivers or saves!"

When we read of a person with an unclean spirit in the Bible we often think immediately of demon possession. Many historians point out that in the ancient world folks with mental illnesses such as epilepsy or various mental illnesses were thought of as possessed by foreign spirits. Curiously the literal wording means an "unclean, unhealthy or un-natural spirit/breath. The creation story of Genesis talks of human life springing from the gift of God's breath (or spirit – remember it's the same word!) within us. So an Unclean Spirit is literally life that is the opposite of what God intended and created.

Here the man with a an un-god-desired breath lives among the dead dominated by an power which resists God's plan. He's as good as dead. Jesus brings him back to life, delivering him from a foreign occupying power through resurrection: the restoration of the holy breath God gave in creation. The man then wants to stay with Jesus, but is sent back to his own home. He's not rejected, but rather sent as the first missionary, to bear witness to how he has experienced God's deliverance and saving presence in his own life.

### Questions for the practice of Examen & Contemplation

- What grabs your attention in this reading?
- What does Jesus do for the man living among the tombs?
- How is God actively present in Jesus? How have you experienced the deliverance of God – as this man did – through an encounter with Jesus?
- What do you think the man did next? How are you invited to "go home and tell your friends of what the Lord has done for you"?

## ANNOUNCEMENTS & COMMUNITY NEWS

### JULY BIRTHDAYS

31 Lisa Wu

### AUGUST BIRTHDAYS

5 Lori Castner	Amber Beatty (2011
8 Anne Marie Adams	12 Sharon Nelson
12 David Kittams	22 Patrice Trowbridge
24 Bob Brylawski	25 Margaret Smith

### AUGUST ANNIVERSARIES

5 Jeff and Linda Trowbridge	1978
8 Bob and Ellen Brylawski	1987
9 Thom and Tina Faulkner	2002
30 Monte and Kristy McClain	1997

### COMMUNITY CALENDAR

**Youth Group today 7-8:30pm** | Game Night!

**Teaching ESL Classes, tomorrow, Monday, July 30<sup>th</sup> 7-9pm** at Primera Iglesia 1940 High St 94601

**No Celtic Prayer Group** | on break until mid-Aug

**The Vocabulary of Faith** | Sundays 9:30-10:15am

**Friday Night Meal** | Our next meal is 8/3 6-7pm | Harry Hussian is cooking and needs help. *If you can lend a hand talk with Monte today!*

**Next Week** | Communion in Worship.

**Congregational Meeting** | Sunday, 8/5 after worship regarding pastoral terms of call.

**BLESSING OF THE BACKPACKS| Sunday August 12<sup>th</sup> in worship.** Bring your backpack or some other sign of being a student or work in education as we celebrate the new school year. *Help Monte make lanyards between now and then to distribute to our students as an icon-blessing!*

**Letter Ministry** | Encourage another with a hand-written note. They're ready to go on the back wall!

**All Church Retreat – with First Pres Alameda!** | September 7-9, 2018 | Register on paper or online @ [www.capcoakland.org/church-retreat](http://www.capcoakland.org/church-retreat).

**Recreation VBS** | August 6-12, 9a-3pm | for all church kids & others! | You can also volunteer to help! Register online @ [www.recreationvbs.org](http://www.recreationvbs.org)

**Thank You to Our Leadership This Morning:**  
Fellowship: Margaret Smith  
Godly Play: B. Beatty [ST]; Patt Schroeder [DK]

**Leadership for next week, 8/5/18:**

Testimony: Myrna Shadley  
Fellowship: Elaine Price, Chris Olson  
No Godly Play as we're having communion!

## LYRICS & WRITTEN RESPONSES FOR TODAY'S WORSHIP

### **"For the Beauty of the Earth"**

*Folliott Sandford Pierpont (1864)*  
*Blue Hymnal #473*

1. For the beauty of the earth,  
For the glory of the skies,  
For the love which from our birth  
Over and around us lies.

#### ***Refrain:***

Lord of all, to Thee we raise,  
This our hymn of grateful praise.

2. For the wonder of each hour  
Of the day and of the night,  
Hill and vale, and tree and flower,  
Sun and moon, and stars of light.

3 For the joy of ear and eye,  
For the heart and mind's delight,  
For the mystic harmony  
Linking sense to sound and sight.

4. For the joy of human love,  
Brother, sister, parent, child,  
Friends on earth and friends above,  
For all gentle thoughts and mild.

5. For Thy Church, that evermore  
Lifteth holy hands above,  
Offering up on every shore  
Her pure sacrifice of love.

### **GATHERING WORDS | CALL TO WORSHIP**

*Based on Psalm 147.*

*The congregation responds with **the text in BOLD PRINT***

One: Sing to the Lord with thanksgiving.  
Make music upon the harp.  
How good it is to celebrate God's presence  
and sing praise throughout each day!

**All: How good it is to sing praise  
and give honor to God!**

One: The Almighty rebuilds the people of earth.  
The wandering ones are gathered together,  
the brokenhearted are healed,  
the hungry are fed,  
the prisoners are freed,  
the blind are given sight,  
the lonely are befriended.

*Continued in the column to the right...*

**All: How good it is to sing praise  
and give honor to God!**

One: All of nature sings aloud the goodness of El Roi  
— The God who Sees -  
clouds, rain, grass, creatures great and small.  
Our God creates and sustains our world  
with a love that is ever-growing, never-ending.

**All: How good it is to sing praise  
and give honor to God!**

### **"I've got Peace Like a River"**

*African-American spiritual*  
*Blue Hymnal #368*

1. I've got peace like a river,  
I've got peace like a river,  
I've got peace like a river in-a my soul.

2. I've got joy like a fountain,  
I've got joy like a fountain,  
I've got joy like a fountain in-a my soul.

3. I've got love like an ocean,  
I've got love like an ocean,  
I've got love like an ocean in-a my soul.

### **"Ancient Words"**

*Lynn DeShazo*

*Lift Up Your Hearts: psalms, hymns, and spiritual songs #762*

1. Holy words long preserved,  
For our walk in this world  
They resound with God's own heart,  
O let the ancient words impart  
Words of life, Words of hope,  
Give us strength, Help us cope  
In this world where e'er we roam,  
Ancient words will guide us home.

Chorus:

Ancient words ever true,  
Changing me and changing you  
We have come with open hearts,  
O let the ancient words impart

## ACT OF CONFESSION

*From a Liturgy written by Rev. Thom Shuman @*

*<http://lectionarylitanies.blogspot.com>*

*The congregation responds with **the text in BOLD PRINT***

### Call to Confession

When we try to sugarcoat what we have done, scripture stares us down, reminding us of our faults. When we seek to romanticize why we have failed to live as faithful people, God refuses to go along, waiting for us to confess our sins. Let us join together as God's children, lifting our prayers to the One who is generous in love.

### Prayer for Forgiveness Confession

Compassionate One,  
it is not easy for us to confront those deeds  
which do not please you.  
We are so busy looking for the miracles we desire,  
we often cannot see the gift of your presence in others.  
We are so intent on indulging our appetites  
and slaking our thirsts,  
that at times we cannot taste that Bread which gives life.  
We spend so much of our lives bemoaning the acts of  
others, the disruption and dysfunction they create  
that we have no time to look in the mirror  
and see our secret faces.  
Forgive us, Steadfast Love.  
Grace us with your mercy, so we might be made whole.  
Touch our inner being and heal us,  
so we might know joy and gladness.  
Create new hearts within us,  
so they might beat as one with each other,  
and with your Son, our Lord and Savior, Jesus Christ.

### Blessing/Assurance of Pardon

Despite knowing our sin, God chooses to forgive us;  
seeing our emptiness, God chooses to feed us;  
holding our shattered hearts, God chooses to heal us.  
This is the good news: God loves us.  
God has graced us with mercy  
and created new life from our brokenness.  
Thanks be to God. Amen.

## "Morning Has Broken"

*Eleanor Farjeon (1931)*

*Tune: BUNESSAN | Blue Hymnal #469*

1. Morning has broken, like the first morning  
Blackbird has spoken, like the first bird  
Praise for the singing, praise for the morning  
Praise for them springing fresh from the word
2. Sweet the rain's new fall, sunlit from heaven  
Like the first dewfall on the first grass  
Praise for the sweetness of the wet garden  
Sprung in completeness where his feet pass

## "I Sing a Song of the Saints of God"

*Lesbia Scott (1929; adapted)*

*Blue Hymnal #364*

1. I sing a song of the saints of God,  
Patient and brave and true,  
Who toiled and fought and lived and died  
For the Lord they loved and knew.  
And one was a doctor, and one was a queen,  
And one was a shepherdess on the green:  
They were all of them saints of God, and I mean,  
God helping, to be one too.
2. They loved their Lord so dear, so dear,  
And God's love made them strong;  
And they followed the right, for Jesus' sake,  
The whole of their good lives long.  
And one was a soldier, and one was a priest,  
And one was slain by a fierce wild beast;  
And there's not any reason, no, not the least  
Why I shouldn't be one too.
3. They lived not only in ages past,  
There are hundreds of thousands still;  
The world is bright with the joyous saints  
Who love to do Jesus' will.  
You can meet them in school,  
or in lanes, or at sea,  
In church, or in trains, or in shops, or at tea;  
For the saints of God are just folk like me,  
And I mean to be one too.