

College Avenue Presbyterian Church
5951 College Avenue | Oakland | 94618
www.capcoakland.org | www.capcoakland.me
Office : 510.658.3665 | capc1@sbcglobal.net
Pastor Monte: 510.658.3666 | Cell 510.520.0746
montemcclain@gmail.com



Welcome to CAPC Oakland!

We are a reformed, multicultural, politically purple, community of followers of Jesus seeking to live our faith seriously in word, deed and relationships in the East Bay.

If you've never celebrated with us, you can follow along using this paper or the projection on the screen. Hymnals and Bibles are in the pews. We invite you to join us for a moment of community connection afterwards with a drink and simple snack.

CHILDREN

We have a quiet play area for children in the front of the sanctuary with toys and coloring sheets that can be played with during services. We also have a lounge, off the entryway, where the service is broadcast if you need more space.

We invite children 3 years old to 6th grade to depart for Godly Play following our second song. You can gather your child(ren) after worship upstairs in the GP room.

PRAYER CARDS

You're invited to share your prayers of concern or gratitude by filling out the cards, located in the pews, and placing them in the glass vase on the table. We'll use them during today's service.

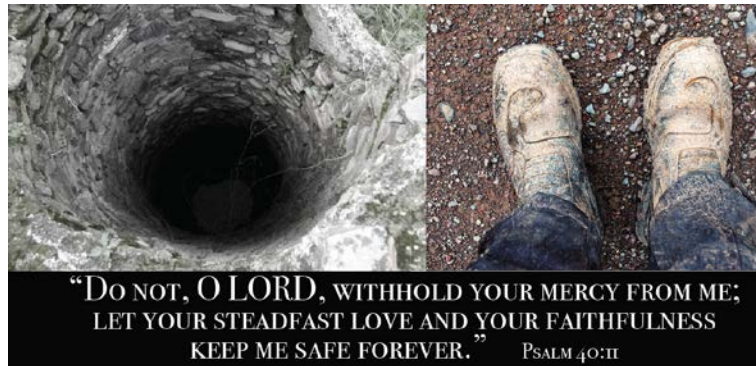
WIFI & SOCIAL MEDIA

2wire927 is our open wifi. The password is 7304088568. If you do social media during the service we invite you to add #capcoakland to include others.

NESTLÉ PARKING LOT

We're able to park in the lot behind the church. They ask us to enter and exit off of Chabot Road, using the pedestrian door there near Crossroads Trading.

CCL #1137062



August 13, 2017

GATHERING SONG

"Wait for the Lord"

- insert

CALL TO WORSHIP

SONG OF PRAISE

"I Saw the Light"

- insert

Children are invited to gather at the front of the sanctuary and depart for the Godly Play program at the conclusion of this song.

TIME OF CONFESSION

Silent Prayer followed by Prayer of Forgiveness and Assurance of Pardon

Prayer response: "Do not, O LORD, withhold your mercy from me; let your steadfast love and your faithfulness keep me safe forever." Psalm 40:11

SONG OF RESPONSE

"Forgive Our Sins As We Forgive"

- insert

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

Call and response liturgically prayed at the conclusion of sharing a prayer card

Leader: God, in your mercy.

People: Hear our prayer.

To pray with someone after the service, look for Pastor Monte in the lounge off the entryway.

GIVING OF OUR TITHES & OFFERINGS TO EMPOWER THE WORK OF GOD IN THE CHURCH

OFFERTORY SONG

"Breathe"

- insert

CELEBRATING THE GIFT & CALL OF COMMUNITY

Sending prayer for Al & Joy Barnes

LISTENING FOR GOD'S WORD

READING OF SCRIPTURE

Psalm 40

- Michael Mendonca
Pew Bible, p .549

SERMON

"Singing in the Waiting Room"

- Rev. Monte McClain

RESPONDING TO GOD'S WORD

SONG OF RESPONSE

"Oceans"

- insert

ANNOUNCEMENTS

SENDING CALL AND RESPONSE

Leader: God is good!

People: All the time!

Leader: And all the time!

People: God is good!

EXHORTATION & BENEDICTION

PASSING THE PEACE OF CHRIST

"The Peace of Christ"

(English)

We pass the peace weekly using languages native to the cultures of our church community as an audible sign of the Dominion of God at work towards the healing transformation of the world.

**Thoughts on Today's
Scriptures
Psalm 40**

The Book of Psalms is a book of poetry, which was used as the "prayer" of "service" book in the ancient Israelite Temple.

Composed of 150 poems, Rev.

Eugene Peterson writes that, they form are a "prayer book that gives us a language adequate for responding to the God who speaks to us." They can teach us how to pray. Psalm 40 is a prayer of both thanksgiving and lament. It's unusual as most lament psalms begin with the complaint followed by thanksgiving. But here in Psalm 40 thanksgiving and its outcome (vv. 1-10) precede the complaint against God and petition for divine help (vv. 11-17). The initial thanksgiving is for some past, unspecified lament. It serves as a foundation for a further complaint revealing that the way of faith does not just flow in one direction – lament to thanksgiving. The waiting of the psalmist, and that waiting which we often know in life, is not always smooth, easy or 'patient'. It has its own ups and downs, its own reversals. And yet....God brings us from the pit, puts our feet on solid ground and gives us a new song to sing.

The psalmist poet seems to have been delivered from the very real threat of death, presumably from a disease or illness. And now – independently, or maybe it's related – the poet is surrounded by evils portrayed as wild dogs and animals circling for the kill. How does this psalm speak to the rhythms of life and faith that we have experienced or are walking through now? How does it portray the places in which we know pain and joy, hope and despair, trusting in God in both doubt and in faith. How might this psalm provide us with the language we need to pray and live from a place of faith, whether we are in the pit, or standing on solid ground?

Look at the link between remembering God's deliverance and telling others about it? What is the intersection between personal faith and communal worship? How have you experienced that in your own life?

Questions for the practice of Examen & Contemplation

- **What strikes or shimmers for you in this passage?**
- **When have you heard this psalm before? What do you think the Psalm is saying?**
- **How / when have you felt trapped in a pit?**
- **How have you experienced "waiting" for God in your own life? When? How did it happen, and/or end up?**
- **What does psalm 139 say to you about your own difficulties, and the hard times you go through?**
- **How does this psalm feed your soul?**
- **How has God put a new song in your heart? How has God moved you from thanksgiving for God's deliverance and help to a paying-it-forward proclamation of God's goodness?**



Share your story of deliverance and complaint (or petition of God) with someone else. How do you react to your story as you re-tell it aloud to someone else?

ANNOUNCEMENTS & COMMUNITY NEWS

August Birthdays

5 Lori Castner	Amber Beatty 2011
8 Anne Marie Adams	
12 Sharon Nelson	David Kittams
20 Todd Barnes	22 Patrice Trowbridge
24 Bob Brylawski	25 Margaret Smith

Anniversaries

5 Jeff and Linda Trowbridge	1978
8 Bob and Ellen Brylawski	1987
9 Thom and Tina Faulkner	2002
30 Monte and Kristy McClain	1997

UPCOMING EVENTS

CAPC Choir | Rehearsals : Sunday after worship and Wednesday nights starting at 5:30pm

Celtic Prayer Mid Week Small Group | Wednesday 7-8:30pm, meets near CAL campus | Call Marda @ 540.7173

Friday Night Meal | Friday 6-7pm. Talk to Ellen Brylawski to help: ellenbry@comcast.net

The Vocabulary of Faith | Sunday 9:30 in the Library
Find the text we study copied in the entry or online.

Women's Group | 1st, 2nd & 3rd Saturdays of the month 8:30-10am in the library.

Thinking Theologically | Tues, August 29th @ 7:30pm.
Our next meeting is discussing the Sovereignty of God in the theology of John Calvin Find the reading for discussion on our church website online at <http://www.capcoakland.org/thinking-theologically>

Church Retreat Registration Forms are both online at www.capcoakland.org and in the entry!

Recreation VBS 2017 : our annual VBS art-infused day camp. August 14-18th. You can register & find more info online at www.recreationvbs.org. Talk to Monte to help!

VBS Art Show : Come see what our campers create at camp at their art show – Thursday night 7-8pm. It's also a concrete way to meet and build relationships with families that come to camp who may be looking for a spiritual church home.

Thank You to Today's Leadership:

Ushers:	Bill Beatty, Sharon Nelson
Liturgist:	Michael Mendonca
Fellowship:	Joy Barnes, Patt Schroeder
Godly Play:	Bill Beatty (ST); Cameron Betty (DK)
Musicians:	Dave Eagle, Kevin Goldberg, Pete Feltman

Leadership for next week, 8/20/17:

Ushers:	Fredora Darmstadt, Jeff Trowbridge
Liturgist:	Can you help read scripture?
Fellowship:	Beth & Bill Beatty
Godly Play:	Joy Barnes (ST); Emma Fleming (DK)

CALL TO WORSHIP

Reader reads plain font, **the people the bold.**
written by Roddy Hamilton, and posted on Mucky Paws.
<http://www.nkchurch.org.uk/index.php/mucky-paws>.

Leader: Across the universe
creation waits

**People: for the prophets to speak
their words of expectation
and their vision of renewal**

Leader: May we gather round them today
once more, listening to their song of faith;

**People: and let their longing grip us
and lead us
into birth and blessing**

Leader: So come now my friends
this is the meeting place

**People: of promise and prophecy
let us listen through the ancient words
that we might be ready to hear
a baby's cry, a song calling us to hope, faith and life!**

LYRICS TO THIS MORNING'S SONGS:

"Wait for the Lord"

Communauté de Taizé

Wait for the Lord,
whose day is near,
Wait for the Lord:
be strong, take heart!

"Forgive Our Sins As We Forgive"

(Land Of Rest Tune) Blue Hymnal #370

1. Forgive our sins as we forgive
You taught us Lord to pray
But You alone can grant us grace
To live the words we say

"Breathe"

Michael W. Smith

This is the air I breathe
This is the air I breathe
Your holy presence living in me
This is my daily bread
This is my daily bread
Your very word spoken to me
And I, I'm desperate for you
And I, I'm lost without you

"I Saw The Light"

Author: Hank Williams, 1948

I wandered so aimless life filled with sin
I wouldn't let my dear savior in
Then Jesus came like a stranger in the night
Praise the Lord I saw the light.

Chorus

I saw the light I saw the light
No more darkness no more night
Now I'm so happy no sorrow in sight
Praise the Lord I saw the light.

Just like a blind man I wandered along
Worries and fears I claimed for my own
Then like the blind man
that God gave back his sight
Praise the Lord I saw the light.

I saw the light I saw the light
No more darkness no more night
Now I'm so happy no sorrow in sight
Praise the Lord I saw the light.

I was a fool to wander and a-stray
Straight is the gate and narrow the way
Now I have traded the wrong for the right
Praise the Lord I saw the light.

I saw the light I saw the light
No more darkness no more night
Now I'm so happy no sorrow in sight
Praise the Lord I saw the light.

Wait for the Lord

480

Em C Am6 B

Wait for the Lord, whose day is near.

Em D G Am7 B Em

Wait for the Lord; be strong, take heart!

To use with Psalm 37: sing the above, read vv. 1-5, sing, read vv. 6-9, sing, read vv. 10-11, 39-40, sing.

For another setting of Ps. 37 see 850

Words and Music (WAIT FOR THE LORD 8.8): Jacques Berthier, from *Songs and Prayers from Taizé* © 1991
Ateliers et Presses de Taizé, Taizé Community, admin. GIA Publications, Inc., exclusive North American agent

“Oceans”

Author Daniel Iverson (1926)

Blue Hymnal #322

1. You call me out upon the waters,
The great unknown where feet may fail
And there I find You in the mystery
In oceans deep My faith will stand

Chorus

And I will call upon Your name
And keep my eyes above the waves,
When oceans rise
My soul will rest in your embrace
For I am Yours and You are mine

2. Your grace abounds in deepest waters
Your sovereign hand Will be my guide
Where feet may fail and fear surrounds me
You've never failed and you won't start now

Chorus

Bridge

Spirit lead me where my trust is without borders
Let me walk upon the waters
Wherever You would call me
Take me deeper than my feet could ever wander
And my faith will be made stronger
In the presence of my Savior