

College Avenue Presbyterian Church
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Welcome to CAPC Oakland!

We are a reformed, multicultural, politically purple, community of followers of Jesus seeking to live our faith seriously in word, deed and relationships in the East Bay.

If you've never celebrated with us, you can follow along using this paper or the projection on the screen. Hymnals and Bibles are in the pews. We invite you to join us for a moment of community connection afterwards with a drink and simple snack.

CHILDREN

We have a quiet play area for children in the front of the sanctuary with toys and coloring sheets that can be played with during services. We also have a lounge, off the entryway, where the service is broadcast if you need more space.

We invite children 3 years old to 6th grade to depart for Godly Play following our second song. You can gather your child(ren) after worship upstairs in the GP room.

PRAYER CARDS

You're invited to share your prayers of concern or gratitude by filling out the cards, located in the pews, and placing them in the glass vase on the table. We'll use them during today's service.

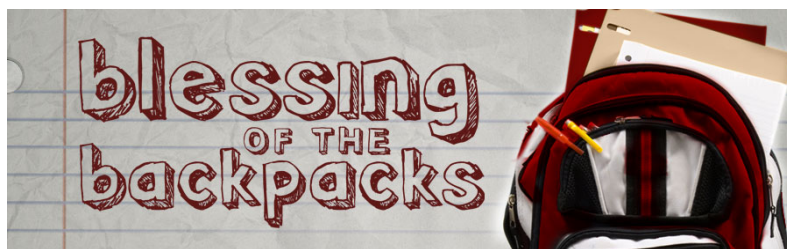
WIFI & SOCIAL MEDIA

2wire927 is our open wifi. The password is 7304088568. If you do social media during the service we invite you to add #capcoakland to include others.

NESTLÉ PARKING LOT

We're able to park in the lot behind the church. They ask us to enter and exit off of Chabot Road, using the pedestrian door there near Crossroads Trading.

CCL #1137062



August 25, 2019

GATHERING AROUND GOD'S WORD

GATHERING SONG "Holy, holy, holy, Lord God Almighty!" - Blue Hymnal #138

CALL TO WORSHIP - Insert

SONG OF PRAISE "Pharaoh, Pharaoh" - Insert

CELEBRATING THE NEW SCHOOL YEAR

BLESSING BACKPACKS AS A SYMBOL OF GOD'S LOVING PROMISE & OUR CHURCH CALL
 RECOGNIZING OUR GODLY PLAY TEAM, TEACHING THE WAY OF FAITH AMONG US

SONG OF PRAISE "I Was There to Hear Your Borne Cry" - Insert

LISTENING FOR GOD'S WORD

HEARING ABOUT THE ACADEMIC CONTEXT IN OUR CITY OF OAKLAND - Gary Yee

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

Call and response liturgically prayed at the conclusion of sharing a prayer card

Leader: God, in your mercy.

People: Hear our prayer.

To pray with someone after the service, look for today's liturgist after today's service

GIVING OF OUR TITHES & OFFERINGS TO EMPOWER THE WORK OF GOD IN THE CHURCH

OFFERTORY SONG "Praise God, from whom all blessings flow" - Blue Hymnal #592

READING OF SCRIPTURE Exodus 20:8-11; Deuteronomy 5:12-15; Matthew 11:28-30
Pew Bible, pp. 74, 177, 944 - Fredora Darmstadt

SERMON "We've Forgotten How to Remember" - Rev. Monte McClain

RESPONDING TO GOD'S WORD

ACT OF CONFESSION

OPENING OURSELVES TO BEING UNDONE, THAT WE MIGHT SEE WITH NEW EYES AND HEAR WITH NEW EARS

DECLARATION OF GRACE IN THE PROCLAMATION OF THE BELIEF THAT UNITES US

THE IN-BREAKING OF GOD'S GRACE DISRUPTS OUR HUMAN CONDITION OF SIN, PUTTING A NEW SONG IN OUR MOUTHS

SONG OF RESPONSE "Here I Am Lord" - Blue Hymnal #525

ANNOUNCEMENTS

SENDING CALL AND RESPONSE

Leader: God is good!

Leader: And all the time!

People: All the time!

People: God is good!

EXHORTATION & BLESSING

PASSING THE PEACE OF GOD "Ping An" (Mandarin, Chinese)

We pass the peace weekly using languages native to the cultures of our church community as an audible sign of the Dominion of God at work towards the healing transformation of the world.

Thoughts on Today's Scriptures: Exodus 20:8-11, Deuteronomy 5:12-15 & Matthew 11:28-30

Sabbath is a tricky concept.

We've tended to see it as a Jewish thing, not really applicable to us, or, more recently we've conflated it with trendy forms of self-care. It's the only one of the Ten Commandments that we brush off as not really that important. But it's the longest and most descriptive one. The 10 Words, or Commandments, are recounted twice in the Hebrew Bible (Exodus 20 and Deuteronomy 5) the sabbath is the only commandment to contain significant changes. What's different isn't the commandment, but the reason underneath the practice of this weekly day of rest – how we relate to God is directly related to how we relate to each other.



The commandments are given to Moses and the Israelites as they are journeying from Egypt to the land promised by God, on a pilgrimage from slavery to freedom. The other commandments take the people out of slavery; the Sabbath command takes the slavery out of the people. One day in seven, God says, you stop all work. You do this because you are not to be defined by your output. One day in seven everyone rests, and all distinctions that you erect to define your value and measure your worth disappear -- old, young, rich, poor, slave, free, citizen, foreigner -- you are all simply and completely human beings, alongside one another, all beloved children of God.

This is the hardest lesson to absorb, so we have to do it regularly, God tells us. We have to regularly step out of the mindset and activity of the world around us, the measuring, comparing, competing, striving, producing and consuming. We have to regularly stop doing and practice just being. Unless we regularly stop, we forget that God is God and we are not. We forget that we are creatures -- with bodies and minds and hearts that need tending, dependent on the love and care of a creator who is ready to meet us when we stop moving long enough to be met. We forget that we are in this together, alongside everyone else, and we need one another because life isn't meant to be done alone and against. And human beings that forget their humanity are arguably the most destructive force in the universe.

Rest is not a reward to be earned. It's the starting point. The Jewish day begins at sundown. You don't start Sabbath after all the work is done. When the sun hits the horizon, you stop to notice the presence of God, who was there all along but who largely went unnoticed. It's uncomfortable. It's strange. We are trained to measure the worth of a day by what we accomplish.

QUESTIONS FOR THE PRACTICE OF EXAMEN & CONTEMPLATION

- What word, phrase or image grabs your attention in the texts? How does this touch your, our, life today?
- What do we teach our children about rest, work & life?

ANNOUNCEMENTS & COMMUNITY NEWS

AUGUST BIRTHDAYS

25 Margaret Smith

AUGUST ANNIVERSARIES

30 Monte and Kristy McClain 1997

COMMUNITY LIFE CALENDAR

Worship Today: our liturgical order is changed today, and this month, to allow for a confession-based response to our reading of the psalms.

Meeting about Hospitality/CHR | Today 8/25 after worship. *Help shape our life together!*

Youth Group starts up again Today, We're now meeting Sundays 1:00-3:00pm Middle-High School.

ESL Class starts Monday, September 9th 7-9pm. Interested in helping work with local immigrants? Talk to Monte.

Join our Choir! Tuesdays 5:30-6:30p, Sundays 12-1p | Contact Pete Feltman petefeltman@gmail.com

Celtic Prayer Group, Wednesdays 6:45-8:15pm Meets near CAL. *Contact Marda Stothers for more info at mqstothers@gmail.com*

Friday Night Meal, Friday 6-7:00pm *Come to eat – come to serve.* www.capcoakland.org/friday-night-meal

Women's Group, Saturdays 8:30am | in the church library (meets 1st, 2nd, 3rd Saturdays)

The Vocabulary of Faith | Sundays 9:30-10:15a *A weekly intro class to learning how to read the Bible.*

Church Retreat 2019 | September 6-8th at St Dorothy's Rest outside of Occidental *Register online @ capcoakland.org or via paper.*

Staff Vacations | Pete is gone the for a well-deserved vacation! We're grateful today for Jen Huang accompanying us on the piano. Pete is back next week for worship.

Thank you to Today's Leadership

Fellowship: Sharon Nelson, Anne Marie Adams
Godly Play: Joy Barnes (ST); Cameron Beatty (DK)
Reader: Fredora Darmstadt

Leadership for next week, 9/1/19:

Fellowship: Linda Davis, Louise Hirschmans
There is no Godly Play as we have communion

Today's meditation is adapted in large part from https://www.workingpreacher.org/preaching.aspx?commentary_id=4093

LYRICS & WRITTEN RESPONSES FOR TODAY'S CELEBRATION

"Holy, holy, holy, Lord God Almighty!"

*Adapted from the 1827 version by Reginald Heber (1990)
Related to Scripture: Isaiah 6:3; Revelation 4:8-11;
Revelation 15:3-4 | Blue Hymnal #138*

1 Holy, holy, holy! Lord God Almighty!
Early in the morning our song shall rise to Thee;
Holy, holy, holy! merciful and mighty!
God in three Persons, blessed Trinity!

2 Holy, holy, holy! all the saints adore Thee,
Casting down their golden crowns around the glassy sea;
Cherubim and seraphim falling down before Thee,
Who wert, and art, and evermore shalt be.

3 Holy, holy, holy! though the darkness hide Thee,
Though the eye of sinfulness Thy glory may not see,
Only Thou art holy; there is none beside Thee
Perfect in power, in love, and purity.

4 Holy, holy, holy! Lord God Almighty!
All Thy works shall praise Thy Name,
in earth, and sky, and sea;
Holy, holy, holy! merciful and mighty!
God in three Persons, blessed Trinity!

CALL TO WORSHIP RESPONSIVE READING

*Today's responsive reading is inspired from Psalm 1 in the
Contemporary English Version (CEV)*

The People of the Assembly read the BOLD print

One: God blesses those people
who refuse evil advice
and won't follow sinners
or join in sneering at God.

**ALL: Instead, the Law of the Lord
makes them happy,
and they think about it
day and night.**

One: They are like trees
growing beside a stream,
trees that produce
fruit in season
and always have leaves.
Those people succeed
in everything they do.

**ALL: That isn't true of those
who are evil,
because they are like straw
blown by the wind.**

One: Sinners won't have an excuse
on the day of judgment,
and they won't have a place
with the people of God.

**ALL: The Lord protects everyone
who follows him,
but the wicked follow a road
that leads to ruin.**

"Pharaoh, Pharaoh"

Most requested song at VBS,
sung to the tune of "Louie, Louie"
You're welcome to join in with the hand motions too!

Chorus

Pharaoh, Pharaoh
Oh baby let my people go!
Huh! Yeah, yeah, yeah
Pharaoh, Pharaoh
Oh baby let my people go!
Huh! Yeah, yeah, yeah

1. Well, the burning bush
told me just the other day
That I should come over here and say
Got to get my people out of Pharaoh's hand
And lead them all to the Promised Land

2. Well, all of God's people came to the Red Sea
With Pharaoh's army coming after me
I raised my rod, stuck it in the sand
And all of God's people walked across dry land

3. Well, all of Pharaoh's army was coming too
So what do you think that I did do?
I raised my rod and cleared my throat
And all of Pharaoh's army
did the dead man's float

Continued in next column...

"I Was There to Hear Your Borne Cry"

John C. Ylvisaker (1985) Originally created to accompany a video series on baptism, this hymn speaks in the imagined conversational voice of God, assuring the person being baptized of God's presence throughout the changing stages of life. It offers a reminder that baptism is a one-in-a-lifetime event. Scripture: Psalm 23:6; Psalm 37:25; Psalm 71:6-9; Psalm 71:17-21; Psalm 139; Ecclesiastes 3:1-8; Isaiah 46:3-4; Philippians 1:6
Glory To God Hymnal #488

1. "I was there to hear your borne cry,
I'll be there when you are old.
I rejoiced the day you were baptized,
to see your life unfold.
I was there when you were but a child,
with a faith to suit you well;
In a blaze of light you wandered off
to find where demons dwell."
2. "When you heard the wonder of the Word
I was there to cheer you on;
You were raised to praise the living Lord,
to whom you now belong.
If you find someone to share your time
and you join your hearts as one,
I'll be there to make your verses rhyme
from dusk 'till rising sun."
3. "In the middle ages of your life,
not too old, no longer young,
I'll be there to guide you through the night,
complete what I've begun.
When the evening gently closes in,
and you shut your weary eyes,
I'll be there as I have always been
with just one more surprise."
4. "I was there to hear your borne cry,
I'll be there when you are old.
I rejoiced the day you were baptized,
to see your life unfold."

"Praise God, from whom All Blessings Flow"

Thomas Ken (1695, 1709) *Blue Hymnal* #592

Praise God, from whom all blessings flow;
praise God, all creatures here below;
praise God above, ye heavenly host;
praise Father, Son, and Holy Ghost. Amen.

"Here I Am, Lord"

Author: Daniel L. Schutte
Presbyterian Hymnal #525

1. I, the Lord of sea and sky
I have heard my people cry
All who dwell in dark and sin
My hand will save
- Chorus*
Here I am, Lord. Is it I, Lord?
I have heard you calling in the night
I will go, Lord, if you lead me
I will hold your people in my heart
2. I, who made the stars of night
I will make their darkness bright
Who will bear my light to them?
Whom shall I send?
3. I, the Lord of snow and rain
I have borne my people's pain
I have wept for love of them
They turn away
4. I will break their hearts of stone
Give them hearts for love alone
I will speak my words to them
Whom shall I send?
5. I, the Lord of wind and flame
I will tend the poor and lame
I will set a feast for them
My hand will save
6. Finest bread I will provide
'Til their hearts be satisfied
I will give my life to them
Whom shall I send?