Presbyterian Church 5951 College Avenue | Oakland | 94618 www.capcoakland.org | www.capcoakland.me Office: 510.658.3665 | capc.manager@gmail.com

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November 7, 2021 at 10:30am

## Welcome to CAPC Oakland!

We are a reformed, multicultural, politically purple, community of followers of Jesus. Together we seek to vigorously live our faith in our words, actions, and relationships in the East Bay.

In this time of disruption and new normal we gather hybrid-ly (both in person and via Zoom).

This is our new normal.

It's something that we'll get better at each time we gather, allowing us to gather together and be consistent with our values and commitments. We ask that you wear a mask during worship as some of our community (our children in particular) are not yet vaccinated.

#### **CHILDREN**

We've reconfigured out how to do our Godly Play program for children via Zoom. We meet 9:30-10am on Sundays via Zoom. Info in the announcements on the back.

#### POST-SERVICE GARDEN PARTY

We are serving a light snack and coffee after worship in the garden throughout the summer. You can enjoy that mask-free. We ask you to not touch any of the food or drink, instead let us serve you.

#### **PRAYER CARDS**

To operationalize participation in our Prayers of the People we invite you to fill out a prayer card and share it with the liturgist or to share you requests in the chat on ZOOM labeling it with 'prayer.'

CCL #1137062.

GATHERING AROUND GOD'S WORD BOTH IN PERSON & VIA ZOOM

PRELUDE: "When The Saints Go Marching In"

GATHERING SONG "Source And Sovereign Rock and Cloud"

**CALL TO WORSHIP** 

SONG OF PRAISE "For All The Saints"

HEARING GOD'S WORD

LISTENING TO SCRIPTURE 1 Kings 19:1-18; Hebrews 12:1-3

PROCLAIMING GOD'S WORD "You Are Not Alone."

- Rev. Monte McClain

RESPONDING TO GOD'S WORD

SONG OF RESPONSE "God is calling through the Whisper" CELEBRATING THE COMMUNION OF SAINTS BY SETTING THE TABLE

WHEN PROMPTED YOU'RE INVITED TO SAY ALOUD THE NAME OF THOSE WE REMEMBER TODAY

COLLECTION OF OUR OFFERINGS AND GIFTS "Bread for the Journey"

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

- Myrna Shadley

WE USE A CALL AND RESPONSE LITURGICALLY PRAYED AT THE CONCLUSION OF SHARING A PRAYER.

Leader: God, in your mercy. **People: Hear our prayer.** 

EUCHARIST - THE BREAKING OF THE BREAD

TODAY WE'LL CELEBRATE THIS FOUNDATIONAL MEAL BY INTINCTION WHEREVER YOU ARE. IN PERSON WE'RE USING PRE-PACKAGED WAFERS AND JUICE CUPS YOU CAN FIND IN THE ENTRYWAY.

THE LIFE OF THE CHURCH

SENDING SONG "Leaning on the Everlasting Arms"

SENDING CALL AND RESPONSE

Leader: God is good! Leader: And all the time! People: God is good!

**EXHORTATION & BENEDICTION** 

PASSING THE PEACE OF GOD "The Peace of Christ"

In the season of a pandemic new normal, you're invited to pass the peace of God however and to whoever you can this day as we live our lives of disciples of Jesus sheltering-in-place, as a living sign of the Dominion of God at work moving us toward the healing transformation of the world.

POSTLUDE "I'll Fly Away"

# Reflections on Today's Readings 1 Kings 19:1-18 & Hebrews 12:1-3

It feels like we're running a marathon with no finish line. COVID Fatigue. Shortages in stores. Inflation. Fear for our children. We're over-stressed; over-worked; just plain over it. In all that it's easy to feel like we're on our own, that we're alone. Where is God in all of this. Sure, we have a vaccine. Sure, things have gotten better for us in our context than they were a year ago. And still....

It's similar to how the prophet Elijah must have felt in our story from 1 Kings 19. He's been faithful to his calling, standing for justice and honest relationship with both God and neighbor in the public square. He's spoken with and against King Ahab and Queen Jezebel who are leading the people in a different direction. He's had a "prophet-off" in chapeter 18 of 1 Kings, in which he goes head to head with the prophets of Ba'al (the false god the royal couple wants the people to embrace). Elijah has been threatened with death, has long been on the run, having to take shelter in the overlooked house of a forgotten widow. He's tired. Exhausted. Worn out. At the end of his rope. Feeling totally abandoned, forsaken – alone. So he takes refuge in a cave – to keep himself from being killed – and also with a death wish, thinking to himself it's be better to just be dead and have all of this drama over with.

Into that alone-ness God erupts. But it's different than Elijah – or we – would expect. The God whose very name (YHWH) means "I AM"...with you, for you, alongside you, before and after you.... shows up and Elijah is changed, resurrected in a sense.

Our passage from Hebrews is an exhortation to remember that we're not alone in seeking to live for God, to advance the justice of Jesus...others have also walked that road, and even wondered if they were alone, or had made a bad choice. It's a reminder to hang in there, to know that we're not alone – for God in Jesus became like us, even in our fears of being alone, feeling trapped to suffer through lives in caves of abandonment.

#### **QUESTIONS FOR REFLECTION & EXAMEN:**

- What engaged you, enraged you, or surprised you in the text?
- When is a time when you've felt like Elijah attacked for standing up for what is right, exhausted, spent, almost ready to die because you just can't adult or show up any more?
- God is present in the world. It's inherent in God's holy name YHWH - "I AM." And yet, we often feel like we're alone, forgotten - in a cave of abandonment. When is a time that you experienced God's presence in a visceral way (like Elijah in 1 Kings 19) How did it shape you? Or how do you long to hear God speak to you in your aloneness today? Talk to God of it.
- What invitation do you heard the Spirit of God speaking to you or to us, as a church – to act, speak, be or change through this word of scripture?

## November Birthdays

- 5 Harry Hussian Jr. 11 Albert Hussian
- 11 Elaine Price15 Pete Feltman16 Ruth Ann Frieland16 Elodie McClain
- 19 Radman Beatty

### Weekly Calendar

**Race Matters Group Mondays - 6pm on Zoom**More info at capcoakland.org/racematters

#### Friday Night Meal - Friday, November 5<sup>th</sup> 6:00pm.



Sign up online w/ the QR Code to help with set-up and serving, and clean-up.

**Letters of Love** send a greeting card to someone who could use a good word or to one of our governmental representatives (back wall).

# Godly Play for Children Sundays 9:30-10am on Zoom

**Sabbath as Resistance** – Tuesdays 7pm (Zoom) *Tuesday, 11/9 we're discussing chapter 4.* 

**Wrestling with Scripture** Thursdays at 7pm on Zoom. *Reading the weekly text in community.* 

#### **Annual Thanksgiving Day Community Meal**

This year we are again adapting the annual community meal we've been serving for 40+ years to a COVID socially-distanced TO-GO format. We'll be serving Thanksgiving Day from the Gym 11a-12p.



Find more info and sign-up to help online at www.capcoakland.org Or use this QR CODE.

Blessing Bags – We distribute new underclothes, toiletries and Trader Joe's gift cards to help those on the margins, twice a



month. You can give to make it happen.

**Can you help host a coffee hour?** – it's as simple as bringing some cookies! We need a few more helpers! *Talk to Richard Harvey.* 

## Thank you to Today's Worship Leadership:

Godly Play: Beth Beatty

Music: Pete Feltman, Dave Eagle, Ben Kramarz, Gabe Szilardi-Tierney, Roger Kim

Prayer Liturgist: Myrna Shadley

Video Tech: Albert Hussian, Dann Wilkens

#### Lyrics & Responses for Today's Celebration

We seek to use gender inclusive language, as we affirm that God is neither male or nor female – but wholly and holy other. In doing so, we seek to empower each person to participate fully in worship, able to identify with the lyrics of songs and the words of our communal prayers.

#### "Source And Sovereign Rock and Cloud"

Thomas H. Troeger (1987) © 1987 Oxford University Press. Glory to God #11

 Source and Sovereign, Rock and Cloud, Fortress, Fountain, Shelter, Light, Judge, Defender, Mercy, Might, Life whose life all life all endowed:

#### Refrain:

May the church at prayer recall that no single holy name but the truth and feeds them all is the God whom we proclaim.

- Word and Wisdom, Root and Vine, Shepherd, Savior, Servant, Lamb, Well and Water, Bread and Wine, Way who leads us to the I AM:
- 3. Storm and Stillness, Breath and Dove, Thunder, Tempest, Whirlwind, Fire, Comfort, Counselor, Presence Love, Energies that never tire:

#### Call to Worship Litany -

Written by Monte, inspired from Priya Parker's book The Art of Gathering

One: What a mess.

ALL: This past week,
this past month,
this past year.
What a hot mess.

One: We miss gathering with certain people, encountering strangers on the street or a café ALL: We miss gathering inside for meals, memory-making events with new friends; Even just coffee with co-workers

One: We regather today after it having been hard and impossible to do – even illegal.

ALL: We regather together to connect and remember that we are not alone, to re-member;

for God is our ever-present help in trouble; and has made us into one body.

One: We regather together to listen to what God has done in the past and is doing in the present

ALL: that we might hear God's word: hope for today, vision for tomorrow.

One: We regather together because we can

ALL: The world we live in today is in such a mess.

One: What a hot mess.

ALL: and today we are together - not alone.

#### "For All The Saints"

William Walsham How (1864) Glory to God #326

1. For all the saints who from their labors rest, who thee by faith before the world confessed, thy name, O Jesus, be forever blest.
Alleluia! Alleluia!

2 Thou wast their rock, their fortress, and their might; thou, Lord, their captain in the well-fought fight; thou, in the darkness drear, their one true light. Alleluia! Alleluia!

3 O blest communion, fellowship divine! We feebly struggle; they in glory shine; yet all are one in thee, for all are thine. Alleluia! Alleluia!

4 And when the strife is fierce, the warfare long, steals on the ear the distant triumph song, and hearts are brave again, and arms are strong. Alleluia! Alleluia!

5 From earth's wide bounds, from ocean's farthest coast, through gates of pearl streams in the countless host, singing to Father, Son, and Holy Ghost, Alleluia! Alleluia!

#### "God is calling through the Whisper"

Mary Louise Bringle (2003) © 2006 GIA Publications, Inc. Glory to God #410

- 1. God is calling through the whisper of the Spirit's deepest sighs,
  Through the thrill of sudden beauties that can catch us by surprise.
  Flash of lighting, crash of thunder; hush of stillness, rush of wonder.
  God is calling can you hear?
  God is calling- can you hear?
- 2. God is calling through the voices of our neighbors' urgent prayers:
  Through their longing for redemption and for rescue from despair.
  Place of hurt or face of needing; strident cry or silent pleading:
  God is calling can you hear?
  God is calling can you hear?
- 3. God is calling through the music of sublime and human arts,
  Through the hymns of earth and angels, and the carols of our hearts.
  Lift of joy and gift of singing; days and nights our praises bringing:
  God is calling can you hear?
  God is calling- can you hear?

#### "Bread for the Journey"

Bruce Harding 2001 <u>www.evensong.ca</u>

Brad for the journey, food for the way. Cup of God's blessing tomorrow, today.

#### "Leaning on the Everlasting Arms"

Elisha A. Hoffman, 1839-1929 Glory to God #837

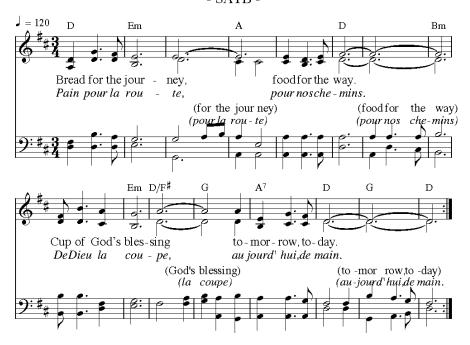
1 What a fellowship, what a joy divine, leaning on the everlasting arms; what a blessedness, what a peace is mine, leaning on the everlasting arms.

#### Refrain:

Leaning, leaning, safe and secure from all alarms; leaning, leaning, leaning on the everlasting arms.

- 2 O how sweet to walk in this pilgrim way, leaning on the everlasting arms; O how bright the path grows from day to day, leaning on the everlasting arms.
- 3 What have I to dread, what have I to fear, leaning on the everlasting arms? I have blessed peace with my Lord so near, leaning on the everlasting arms.

# Bread for the Journey



## Source and Sovereign, Rock and Cloud 37



## 410 God Is Calling through the Whisper



This wide-ranging text reminds us of the many surprising and urgent ways God calls to us, both to draw us near and to send us forth. In the third line of music it is especially effective at harnessing the momentum of the phrases that are each a note higher than the one before.