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Welcome to CAPC Oakland!

We are a reformed, multicultural, politically purple, community of followers of Jesus. Together we seek to vigorously live our faith in our words, actions, and relationships in the East Bay.

In this time of disruption and new normal we gather hybrid-ly (both in person and via Zoom). This is our new normal.

It's something that we'll get better at each time we gather, allowing us to gather together and be consistent with our values and commitments. We ask that you wear a mask during worship as some of our community (our children in particular) are not yet vaccinated.

CHILDREN

We've reconfigured out how to do our Godly Play program for children via Zoom. We meet 9:30-10am on Sundays via Zoom. Info in the announcements on the back.

VIRTUAL WORSHIP THIS MONTH

Due to the Omicron Surge in Covid transmission we are meeting virtually through mid-February to keep everyone safe and community spread of COVID at bay. You're invited to participate in worship via CHAT function and the open audio channel after service.

PRAYER CARDS

To operationalize participation in our Prayers of the People we invite you to fill out a prayer card and share it with the liturgist or to share you requests in the chat on ZOOM labeling it with 'prayer.'

CCL #1137062.



January 30, 2022 at 10:30am on Zoom

GATHERING AROUND GOD'S WORD BOTH IN PERSON & VIA ZOOM

PRELUDE "I'm Getting Ready"

GATHERING SONG "The Water God Gives Us"

CALL TO WORSHIP

SONG OF PRAISE "Praise The One Who Breaks The Darkness"

HEARING GOD'S WORD

LISTENING TO SCRIPTURE John 4:1-42

PROCLAIMING GOD'S WORD "48 hours and an Abandoned Jar"

- Rev. Monte McClain

RESPONDING TO GOD'S WORD

SONG OF RESPONSE "Iesus Met The Woman At The Well"

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

WE USE A CALL AND RESPONSE LITURGICALLY PRAYED AT THE CONCLUSION OF SHARING A PRAYER .

Leader: God, in your mercy. **People: Hear our prayer.**

COLLECTION OF OUR OFFERINGS AND GIFTS "Deep River"

THE LIFE OF THE CHURCH

SENDING SONG "Wade In The Water"

SENDING CALL AND RESPONSE

Leader: God is good! Leader: And all the time! **People: God is good!**

EXHORTATION & BENEDICTION

PASSING THE PEACE OF GOD "La paz de Christo" (Spanish)

In the season of a pandemic new normal, you're invited to pass the peace of God however and to whoever you can this day as we live our lives of disciples of Jesus sheltering-in-place, as a living sign of the Dominion of God at work moving us toward the healing transformation of the world.

POSTLUDE "Salt Creek"

Reflections on Today's Readings John 4:1-42

Today's reading is one of the gospel stories that is easy to imagine and picture. It's also one that has a lot of behind-the-scenes stuff going on.

Around the time of this story, a teaching by the Rabbi Yehuda ben Ilai entitled Tosefta Berakhot 6:18 teaches that every (Jewish) man is obligated to recite three blessings daily. These express gratitude for ones station in life through the negative statements. These prayers are: 1) "Thank you God that I am not a gentile: (or non-Jew). 2. "Thank you God that I am not a woman." And 3. "Thank you God that I am not slave."

Women were considered less than men. In fact women we're supposed to talk to men in public who weren't part of their family. So the woman at the well is not following the rules.

She comes to the well in the heat of the day. She's not following the unspoken rules of society that would have women come to retrieve water from the public well for their house not at the hottest time of the day, but rather during the coolness of the early morning or evening.

And John tells us that Jews usually avoided all contact with Samaria and Samaritans. For although they claimed to worship the God of the Bible, they weren't considered legit. The region of Samaria was a land that had been forcibly settled with foreigners during the time that the empires of Assyria and Babylon attempted to wipe out the Jewish people and culture through genocide and forced resettlement. And the Samaritans insisted that Mt Gerazim and the site of Bethel in their region, not Mount Sinai in Jerusalem, was the center of the Jewish religion and the ultimate place to seek God's wisdom and revelation.

We're told that Jesus is avoiding, or fleeing, the judgmental and critical eye of the religious authorities who seem jealous of his popularity. In doing so, Jesus chooses to go through this region that his brothers and sisters considered to be a no-zone zone of half-breeds and heretical dogs.

We see that even the disciples are irritated and disgusted by both this woman and the Samaritans. And yet Jesus encounters the woman and she is radically changed. She comes to the well at noon, to avoid all her neighbors, to fill up her



jar with water. And then she leaves in such haste to go and talk to all her neighbors about Jesus that she abandons the empty jar. Jesus ends up staying for 48 hours with the people of this Samaritan village, the very ones that good Jews avoided by traveling around Samaria. There is talk of water to drink and food to eat; yet Jesus is talking about more than material things. He's talking about the ways in which humans seem to be incapable of hearing and seeing God at work in the world.

QUESTIONS FOR REFLECTION & EXAMEN:

- What engaged you, enraged you, or surprised you in the text?
- Is there a particular character(s) with whom you can relate or identify in the text? How so?...
- What invitation do you hear the Spirit of God speaking to you or to us, as a church – to act, speak, be or change through this word of scripture?

February Birthdays

- 3 Tina Faulkner
- 4 William Markman
- 8 Cecelia Jackson
- 9 Angel Carney
- 16 Myrna Shadley

Weekly Calendar

COVID-19 and Omicron. We have paused in-person worship gatherings due to the Omicron surge of COVID-19 cases. We will evaluate at the end of January about restarting in-person gatherings at that point.

Connection Calls Mondays & Fridays 12-12:30pm a time for holy conversation (Mondays) and the practice of Lectio Divina (Fridays). On our regular Zoom channel.

Race Matters Group Mondays - 6pm on Zoom This week we're talking about Hope rooted from an OnBeing Podcast. Find it at www.capcoakland.org/race-matters

Friday Night Meal – Friday, February 4th **6:00-7:00PM**. Our High School partners of Piedmont Community Service Crew are cooking. Want to help? Sign up online with set-up and serving, and clean-up.

Godly Play Sundays 9:30-10am on Zoom

Black History Month Throughout February we share about the history and story of Black Americans who have shaped the history of the Church and our nation. Would you like to get involved? Sign-up online at https://tinyurl.com/2p9e6et3

Congregational Meeting Next Sunday 2/6 during worship to elect new deacons and elders and receive our budget.

We have up-to-date information about vaccination sites and testing options (and much more) on our website –search at www.capcoakland.org/covid19-virus.

Thank you to Today's Leadership:

Godly Play: Beth Beatty

Music: Pete Feltman, Dave Eagle, , Gabe

Szilardi-Tierney, Roger Kim Prayer Liturgist: Myrna Shadley Preaching: Monte McClain Video Tech: Albert Hussian

Lyrics & Responses for Today's Celebration

We affirm that God is neither male or nor female – but wholly and holy other. In doing so, we seek to empower each person to participate fully in worship, able to identify with the lyrics of songs and the words of our communal prayers through using gender inclusive language.

"The Water God Gives Us"

Biblical Reference: John 4:5-42 Tune: Trad. American melody ("How Firm a Foundation") Text: Copyright © 2011 by Carolyn Winfrey Gillette

- 1. The water God gives us in wondrous supply Is water that's living and never runs dry. For everyone drinks and is thirsty again, But God's living water gives life without end.
- 2. O God, we confess that we seek empty things; We strive after wealth and the comfort it brings. We buy things in hopes that our spirits will soar Yet still we are thirsty and left wanting more.
- 3. Then just like that woman who went to the well,

We hear you, O Christ, and the truth that you tell. You know who we are and you know what we've been:

You know us and love us in spite of our sin.

4. The gift that you give is the greatest of wealth; You give living water! You give us yourself! May we, like that woman, go back where we live And tell those we know of the life that you give.

Call to Worship

Written by Monte, inspired from Isaiah 55:11-3, 8-11

One: When the Israelites were stuck in a hot mess of a season of exile, the prophet Isaiah spoke of God's mysterious presence among them in terms of a feast.

ALL: All of you who are thirsty, come to the water! Whoever has no money, come, buy food and eat! Without money, at no cost, buy wine and milk!

One: Why spend money for what isn't food, and your earnings for what doesn't satisfy?

ALL: Listen carefully to me and eat what is good; enjoy the richest of feasts.

One: Listen and come to me - says God; listen, and you will live.

ALL: My plans aren't your plans, nor are your ways my ways, says the Lord.

One: Just as the heavens are higher than the earth, so are my ways higher than your ways, and my plans than your plans.

ALL: Just as the rain and the snow come down from the sky and don't return there without watering the earth, making it conceive and yield plants and providing seed to the sower and food to the eater,

One: so is my word that comes from my mouth; it does not return to me empty.
Instead, it does what I want, and accomplishes what I intend.

ALL: Like them we too look for where you are moving in our today. Open our eyes.

Open our ears. Come open our hearts.

"Down By The Riverside"

Traditional African-American Spiritual

Gonna lay down my burden
 Down by the riverside, down by the riverside
 Gonna lay down my burden
 Study war no more

chorus

I ain't gonna study war no more, ain't gonna study war no more Study war no more I ain't gonna study war no more, study war no more; Study war no more

- 2. Gonna put on my long white robe down by the riverside
- 3. Gonna put on my sword and shield down by the riverside
- 4. Gonna feed people instead of fight down by the riverside

"Jesus Met The Woman At The Well"

Mahalia Jackson

- 1. Jesus met the woman at the well Jesus met the woman at the well Jesus met the woman at the well And he told her everything she'd ever done
- 2. He said, woman, woman, where is your husband? He said, woman, woman, where is your husband? He said, woman, woman, where is your husband? I know everything you've ever done
- 3. She said, Jesus, Jesus, I ain't got no husband She said, Jesus, Jesus, I ain't got no husband She said, Jesus, Jesus, ain't got no husband And you don't know everything I've ever done
- 4. He said, woman, woman, you've got five husbands He said, woman, woman, you've got five husbands He said, woman, woman, you've got five husbands And the one you have now, he's not your own
- 5. She said, this man, this man, he must be a prophet She said, this man, this man, he must be a prophet She said, this man, this man, he must be a prophet He done told me everything I've ever done

1/6. Jesus met the woman at the well Jesus met the woman at the well Jesus met the woman at the well And he told her everything she'd ever done

"Deep River"

African American spiritual African American Heritage Hymnal #605

Chorus

Deep river, my home is over Jordan, Deep river, Lord, I want to cross over into campground.

1. Oh don't you want to go to that gospel feast, That promised land where all is peace?

Chorus

Continued in next column...

2. I'll go up to heaven and take my seat And cast my crown at Jesus feet

Chorus

3. When I go up to heaven I'll walk about There's nobody there to turn me out

Chorus

"Wade In The Water"

Traditional Spiritual

Chorus

Wade in the water, wade in the water children Wade in the water, God's gonna trouble the water

1. See that host all dressed in white God's gonna trouble the water Leader looks like that Israelite God's gonna trouble the water

chorus

2. See that band all dressed in red? God's gonna trouble the water Looks like the band that Moses led God's gonna trouble the water

chorus

3. Look over yonder and what do you see? God's gonna trouble the water The holy ghost a coming for me God's gonna trouble the water

chorus

4. If you don't believe I've been redeemed Gods' gonna trouble the water Just follow me down to Jordan's stream Gods' gonna trouble the water

chorus